

Dove Lodge Therapy Space



Address

49 Beach Road, Littlehampton, West Sussex, BN17 5JG

Car Parking

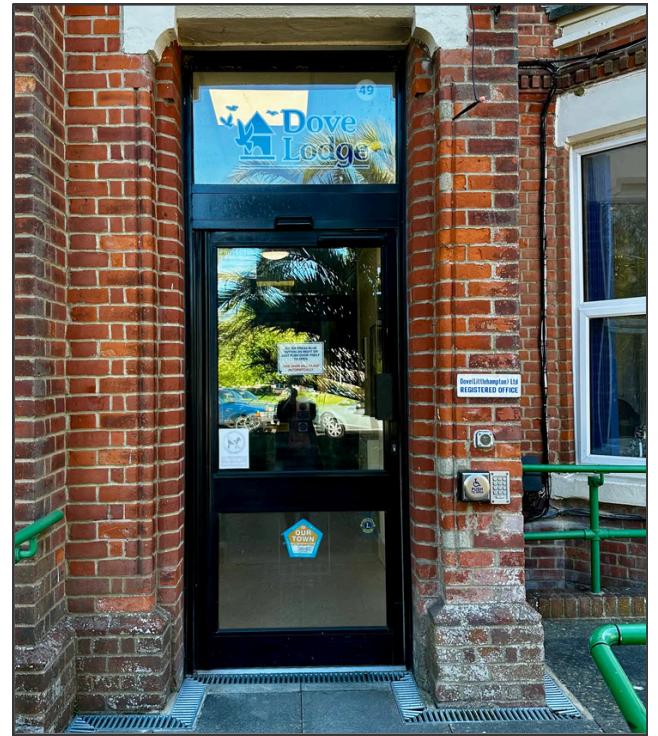
There is free street parking opposite and around Dove Lodge. The nearest car park is Manor House Car Park which is a 2 minute walk from the clinic. (*Manor House Car Park, 92 High St, BN17 5AG*). There is also two disabled spaces outside the front of the building.

Public Transport

Littlehampton train station is 0.4 miles away which is a approximately 10 minute walk or 3-4 minute taxi ride. A taxi rank can be found outside the station.

Compass bus number 12 stops in Granville Road, a 3 minute walk away.

Where to wait



This is the front of the building. Please access it using the black door at the front.



To enter the building, press the disabled button to the right of the door, the door may just open automatically.



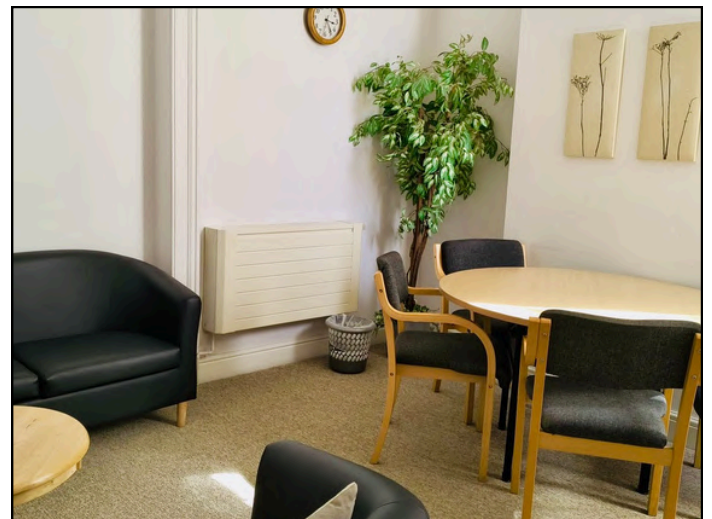
Enter through the door and walk down the hallway, the waiting room on the left. There is no need to 'check in' with the Dove Lodge office, although they are a friendly bunch and are always happy to say hello and help you to find the toilet.



Your therapist will come and collect you from here.

Our Therapy Rooms

Here are some examples of our therapy rooms. We take great care in creating therapy spaces that feel warm and welcoming for everyone who visits us.



Local Area



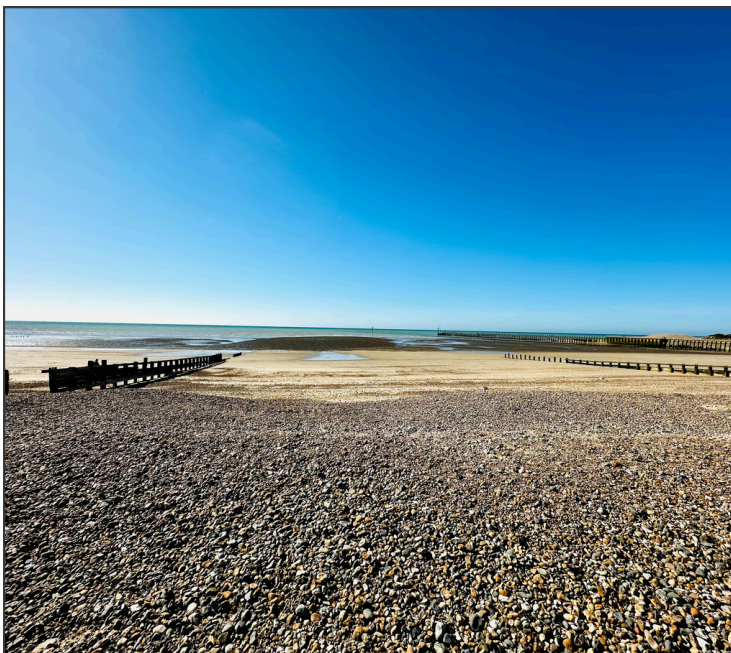
Caffyns Field

A large open 4.2 acre green space opposite Dove Lodge which has maintained trails and is ideal for a pre or post therapy walk.



Marina Gardens

Just 30 seconds down the road from Dove Lodge, this is a 'Green Flag Award Winner' this is a wheelchair accessible space with five interactive sensory totem posts, a mini-beast hotel and bio-diversity boosting planters. This tranquil community focused park has been designed to be a quiet space that celebrates nature.



Littlehampton Seafront

A 5 minute walk down the road takes you straight down to Littlehampton seafront.

On the way you'll walk through West Green which has a water play area, beach volleyball and hammocks!