

# Cuckfield Therapy Space

---



## **Address**

Beacon House, The Old Hospital, Ground Floor, Chapelfields, Ardingly Road, Cuckfield, West Sussex, RH17 5JR

## **Car Parking**

There is free car parking at the back of the building.

## **Public Transport**

Haywards Heath train station is 2.3 miles away and a 6-8 minute taxi ride. A taxi rank can be found outside the station.

Compass bus 31A stops outside the front of the building.

# Where to park

As you drive into Chapelfields, the road will take you past the side of the building and to the back car park.



As you enter the car park to the left, you will see there are allocated bays marked 'Visitor' or 'Beacon House'.



Scan the QR code to watch a short video tour walking to the building from the car park, or [click here to view](#).

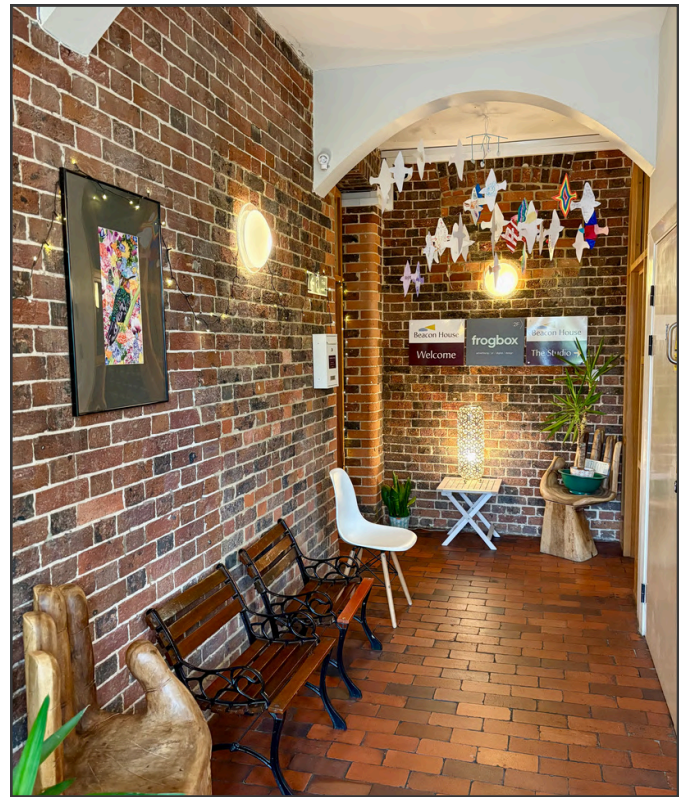


From the car park you can walk to the front of the building, there are signs for you to follow.



This is the front of our building. Please access us using the white door at the front and ring the doorbell for Beacon House. You will be buzzed in by one of our reception team.

You will find our reception on your right, and our hallway waiting area in front of you.



You can wait here or also take a seat in our waiting room just past reception on the left. Get comfortable with a drink or a snack while you wait.



Your therapist will come and get you when it's time for your session.

# Our Therapy Rooms

---

Here are some examples of our therapy rooms. We take great care in creating therapy spaces that feel warm and welcoming for everyone who visits us.



# Local Area

---



## **Take a walk: Horsefield Green**

Horsefield Green is a green open space on Ardingly Road, 1 minute walk away from our building. It is owned by the Parish Council and is a peaceful place to walk, with wild flowers and a natural pond.



## **Coffee: Sussex Coffee Trucks**

In the nearby Rose & Crown pub car park, Sussex Coffee sells ethically sourced, fair trade speciality coffee and smoothies and frappes in the summer

Monday - Friday

The Rose & Crown, Cuckfield

8:30am - 12

<https://sussexcoffeetrucks.co.uk>



## **Food: Tom's Food**

In Cuckfield high street you will find local cafe 'Tom's Food' where Tom and his family serve nourishing delicious food. They are very accommodating and are usually happy to tweak your order for fussy eaters!

**Corner House, High St, Cuckfield,  
Haywards Heath RH17 5JX**