

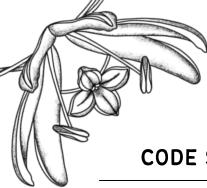
THE CLOAK OF SILENCE

MODULE TWO | PART TWO: CHILDREN & ADOLESCENTS

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Code Switching Reflection Log

Notice what comes up in your body, heart and mind. Are there any surprises, discoveries, learnings, satisfactions and dissatisfactions?





CODE SWITCHING POST-LEARNING REFLECTIONS

WERE THERE ANY SURPRISES, DISCOVERIES, LEARNINGS, SATISFACTIONS AND DISSATISFACTIONS? IF SO, WHAT WERE THEY?

QUESTIONS THAT MIGHT HELP YOU EXPLORE YOUR REFLECTIONS FURTHER ARE:

WHERE DID YOU EXPERIENCE THESE: IN YOUR BODY, HEART OR MIND? WERE THEY ALL IN THE SAME PLACE OR IN DIFFERENT PLACES?

DID YOU NOTICE AT WHAT POINTS IN THE TRAINING YOU EXPERIENCED THEM?

IS THERE ANYTHING LEFT BEHIND FROM THESE THAT YOU ARE FINDING UNCOMFORTABLE?

Adultification Reflection Log

Whether it be in a professional role, personal lived experience or both, we all move through different systems. As you listen to the next section on adultification, we'd like you to notice your body, heart and mind responses to the experiences being discussed.





ADULTIFICATION POST-LEARNING REFLECTIONS

TAKE A LOOK AT YOUR ADULTIFICATION REFLECTION LOG AND SPEND SOME TIME BEING CURIOUS ABOUT ANY OR ALL OF THE FOLLOWING:

WERE THERE ANY SURPRISES OR DISCOVERIES ABOUT ADULTIFICATION? WHAT WERE THEY?

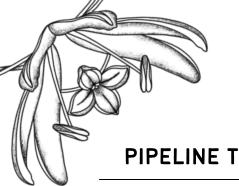
DID YOU EXPERIENCE ANY DISCOMFORT, SHAME OR SHUTTING DOWN? WHEN DID THIS HAPPEN?

DO YOU RECOGNISE ANY OF THE LIVED EXPERIENCES SPOKEN ABOUT AS HAPPENING IN YOUR OWN PROFESSIONAL OR PERSONAL SETTING? WHAT WERE THEY? DID YOU EXPERIENCE THIS RECOGNITION AS SENSATIONS, FEELINGS OR THOUGHTS?

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Pipeline to Prison Reflection Log

Notice what comes up in your body, heart and mind as you listen to Dwayne's story





PIPELINE TO PRISON POST-LEARNING REFLECTIONS

AS YOU REFLECT BACK ON DWAYNE'S STORY, BE CURIOUS ABOUT WHAT IS COMING UP FOR YOU AND WHAT IS COMING UP FOR OTHERS IF WORKING WITHIN A GROUP:

WERE THERE ANY SURPRISES OR DISCOVERIES IN DWAYNE'S STORY? WHERE DID YOU EXPERIENCE THESE?

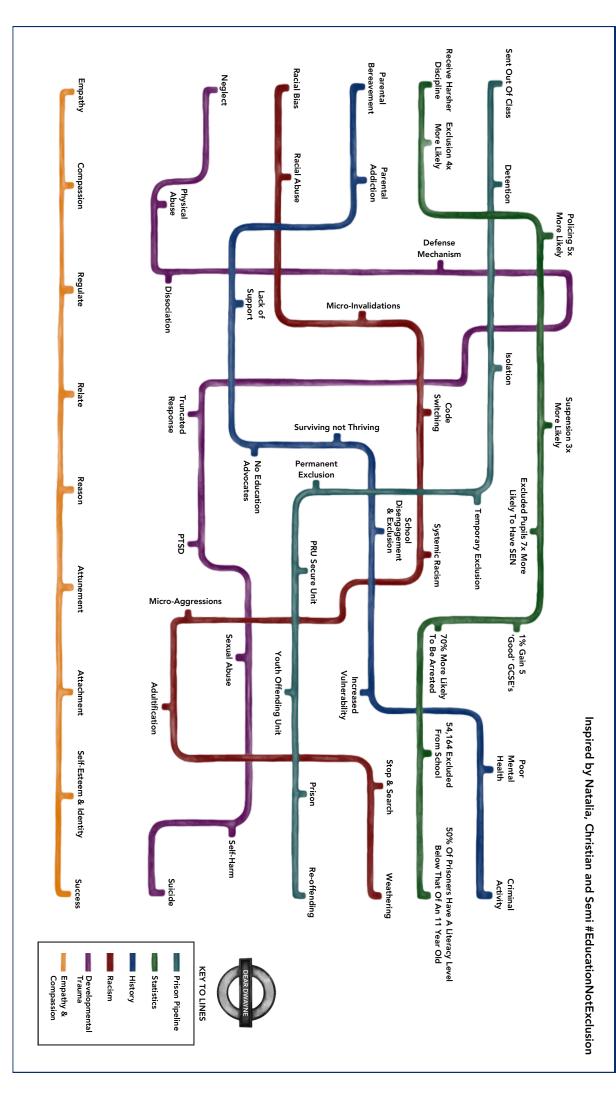
DID YOU NOTICE ANY SENSATIONS, FEELINGS OR THOUGHTS OF SHAME, DISCOMFORT OR RESISTANCE? WHEN DID THESE HAPPEN?

DID YOU HAVE ANY MOMENTS OF SATISFACTION OR RELIEF? WHEN DID THESE HAPPEN?

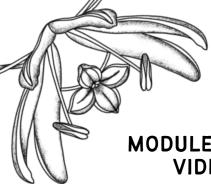
DID YOU NOTICE YOURSELF SHUTTING DOWN OR NOT LISTENING? AT WHAT POINT DID THAT HAPPEN?

CAN YOU FEEL YOUR BODY, HEART AND/OR MIND WANTING TO TAKE ACTION? IF SO WHAT DO YOU WANT TO DO?

THE PIPELINE TO PRISON



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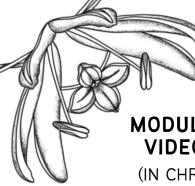




MODULE ONE: PART TWO BOOK RECOMMENDATIONS, VIDEO LINKS AND RESEARCH INFORMATION

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- YOUNG AND BLACK: THE YOUNG BLACK EXPERIENCE OF INSTITUTIONAL RACISM IN THE UK, OCTOBER 2020: HTTPS://YMCA.ORG.UK/WP-CONTENT/UPLOADS/2024/08/YMCA-YOUNG-AND-BLACK-2020.PDF
- COLIN IN BLACK AND WHITE: HTTPS://WWW.NETFLIX.COM/GB/TITLE/80244479
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- THE COLOUR OF MADNESS: EXPLORING BAME MENTAL HEALTH IN THE UK BY SAMARA LINTON AND
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- THERAPY IN COLOUR: INTERSECTIONAL, ANTI-RACIST AND INTERCULTURAL APPROACHES BY THERAPISTS OF COLOUR. DR ISHA MCKENZIE-MAVINGA, KRIS BLACK, EUGENE ELLIS AND KAREN CARBERRY
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- WHY ARE ALL THE BLACK KIDS SITTING TOGETHER IN THE CAFETERIA? AND OTHER CONVERSATIONS ABOUT RACE BY BEVERLY DANIEL TATUM
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- ETHNIC INEQUALITIES IN HEALTHCARE: A RAPID EVIDENCE REVIEW, FEBRUARY 2022: HTTPS://WWW.NHSRHO.ORG/WP-CONTENT/UPLOADS/2023/05/RHO-RAPID-REVIEW-FINAL-REPORT_.PDF





MODULE ONE: PART TWO BOOK RECOMMENDATIONS, VIDEO LINKS AND RESEARCH INFORMATION CONT

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- THE ETHNICITY OF MISSING PEOPLE: FINDINGS FROM POLICE & LOCAL AUTHORITY DATA 2021 2022 BY MISSING PEOPLE: HTTPS://WWW.MISSINGPEOPLE.ORG.UK/WP-CONTENT/UPLOADS/2023/03/MISSING_ETHNICITY-REPORT.PDF
- DECRIMINALISE THE CLASSROOM: A COMMUNITY RESPONSE TO POLICE IN GREATER MANCHESTER'S SCHOOLS BY KIDS OF COLOUR AND NORTHERN POLICE MONITORING PROJECT: HTTPS://NOPOLICEINSCHOOLS.CO.UK/RESOURCES/DECRIMINALISE%20THE%20CLASSROOM%20-%20A%20COMMUNITY%20RESPONSE%20T0%20POLICE%20IN%20GREATER%20MANCHESTER%27S%20 SCHOOLS.PDF
- KIDS OF COLOUR: HTTPS://KIDSOFCOLOUR.COM
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- PUSHED OUT LEFT OUT. GIRLS SPEAK: FINAL REPORT: HTTPS://WWW.AGENDAALLIANCE.ORG/DOCUMENTS/128/GIRLS_SPEAK_-_PUSHED_OUT_LEFT_OUT_-_FULL_REPORT.PDF
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MODULE ONE: PART TWO BOOK RECOMMENDATIONS, VIDEO LINKS AND RESEARCH INFORMATION CONT

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- I HEARD WHAT YOU SAID BY JEFFREY BOAKYE
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- UNCOMFORTABLE CONVERSATIONS WITH A BLACK BOY BY EMMANUEL ACHO
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