

MONDAY  
27TH  
JANUARY  
2024

9.30AM  
UNTIL  
4.30PM

£120

# WHEN WORDS WON'T WORK

## SUPPORTING CHILDREN IMPACTED BY EARLY TRAUMA USING CO-REGULATION AND THE SENSORY SYSTEMS



The sensory systems are a complex array of sensors and pathways throughout the whole body that enable us to understand the world around us and what is happening inside our bodies. The senses are how babies in the womb and infants make sense of their worlds in their early years. Children's sensory systems are impacted when they survive extreme loss, trauma or attachment disruption. They can become 'stuck' over-experiencing or under-experiencing their senses. This affects how they move, play, communicate...in fact all aspects of their everyday lives.

This creative, practical online training will introduce you to the eight sensory systems, giving an overview of what they are, how they develop and what happens when there is early disruption. It will explore what happens in the sensory systems when children are responding to their environment from the survival (fight, flight, freeze or collapse) part of their brain and how you can use this knowledge to support children when words, logic and reasoning won't work. Participants will be offered a range of hands-on ideas and practical tools to support children at home, in the classroom and in other settings. This is a real 'how to' training which will help any adult supporting a child with sensory disruption to co-regulate and settle their brain and body.



## WHAT'S INCLUDED:

- **One day live, online training** delivered by **two specialist trainers**, from 9.30am - 4.30pm
- A tool-box of **practical, everyday sensory strategies** to support co-regulation
- **Experiential activities** to help develop your learning of the senses
- **Examples** from adults and children with **lived experience**
- **New resources** only available with this training

## LEARNING AIMS - PARTICIPANTS WILL:

- Gain an **in-depth understanding** of the eight senses
- Be able to **identify and understand the impact** that early childhood experiences has on the senses and their development
- **Learn** how survival modes (fight/flight/freeze/collapse) can **impact the senses** and the child's ability to **manage their behaviours, emotions** and **perform everyday skills** such as getting dressed, riding a bike and being in the classroom
- Develop a tool-box of **practical everyday strategies** to help support movement and sensory development and co- regulation at home, school and in different settings

## WHO IS THIS TRAINING FOR?

This training is for all parents/carers, teaching staff, therapists, social workers and all other professionals who are supporting children and young people who have experienced trauma, loss and adversity.





# ABOUT THE TRAINERS

**Mel Campbell** is a Specialist Paediatric Occupational Therapist at Beacon House. She combines her interests of the body and mind with her knowledge of the sensory systems to help children with developmental trauma feel safe in their bodies. Through the lens of sensory, attachment and regulation, Mel supports children and their families to come together through play and fun. She is passionate about developing accessible regulatory strategies which can be embedded into everyday life.



**Candia Slaughter** is also a Specialist Paediatric Occupational Therapist at Beacon House. Throughout her career in the charitable sector and at Beacon House, Candia has always had a passion for trauma-informed interventions. She recognises the importance of understanding developmental trauma and its huge impact on everyday life. She enjoys working with families through sensory intervention, play, movement and connection.



**Helen Townsend** is the artist and Specialist Creative Designer here at Beacon House. She collaborates closely with Mel and Candia to bring together their specialist content into a creative, beautiful, resourceful online training experience. As an adoptive parent herself, Helen is inspired by her experience living with trauma and loss in how she portrays the learning through her artwork.



## RECOMMENDED PRIOR LEARNING

Those attending this training would benefit from reading two Beacon House articles:

- Developmental Trauma Close Up
- Sensory Processing, Co-ordination and Attachment

These are available for free on our website:

[www.beaconhouse.org.uk/resources](http://www.beaconhouse.org.uk/resources)

or on request by emailing:

[training@beaconhouse.org.uk](mailto:training@beaconhouse.org.uk).

## CERTIFICATES

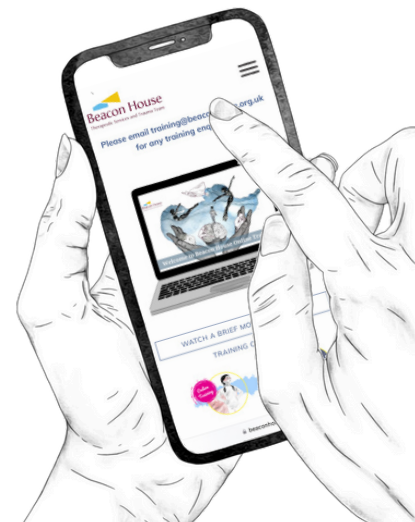
You will receive a digital training pack containing resources and additional information to enhance your learning. Your certificate of attendance will be sent to you with your training pack

## HOW TO BOOK

Please visit our website:

**[www.beaconhouse.org.uk](http://www.beaconhouse.org.uk)**  
**/training**

where you can book your place online.



## PAYMENT FOR THIS COURSE IS MADE UNDER THE FOLLOWING TERMS & CONDITIONS:

Refunds are available 21 days prior to the training. After this time this training is non-refundable.