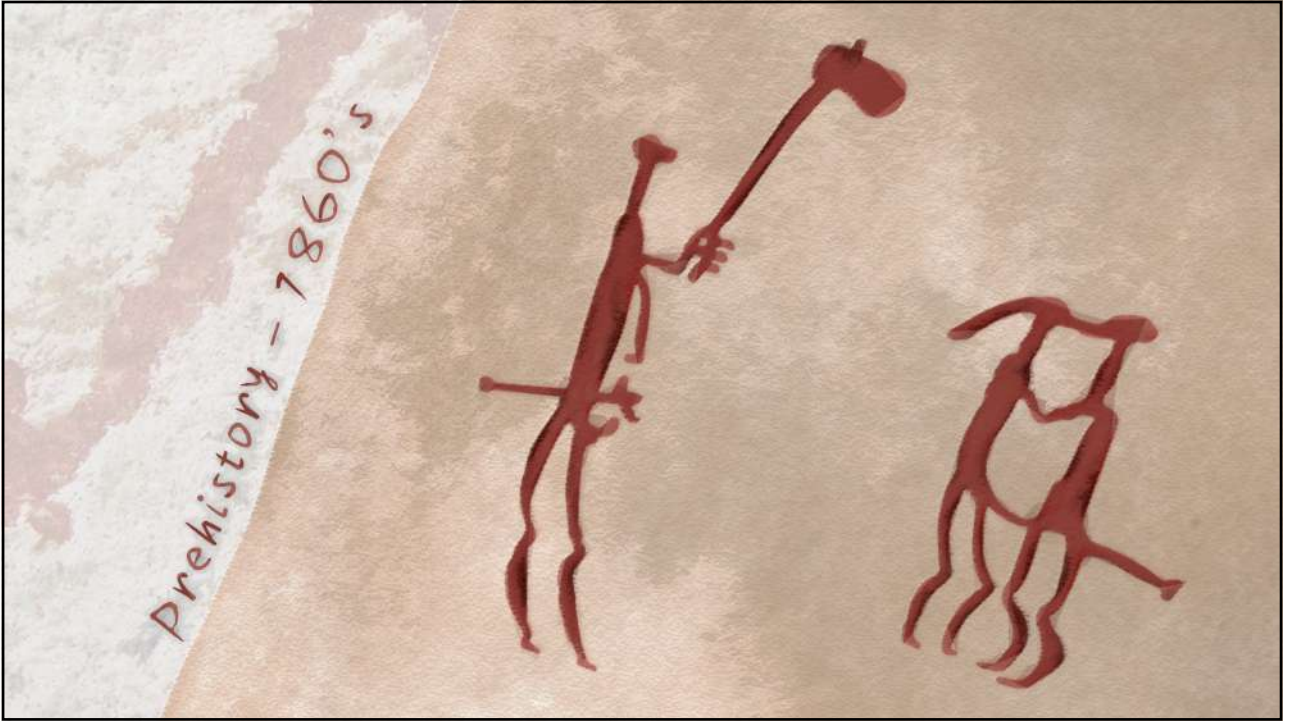


1



2



3



4



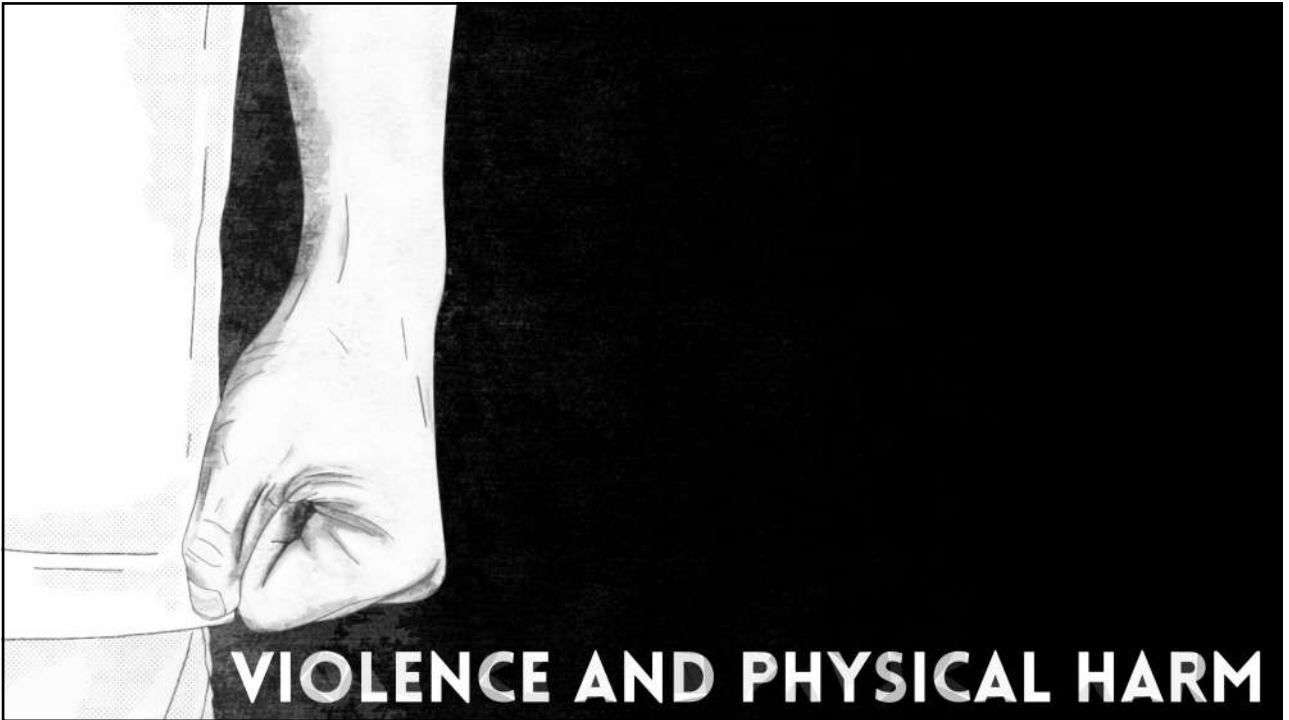
5



6



7




8



CONTENT ANALYSIS OF BEST-SELLING PORN FILMS: 88% CONTAINED PHYSICAL AGGRESSION. THOSE ON THE RECEIVING END MOST OFTEN SHOWED PLEASURE OR RESPONDED NEUTRALLY TO THE AGGRESSION

(Bridges et al, 2010)

9



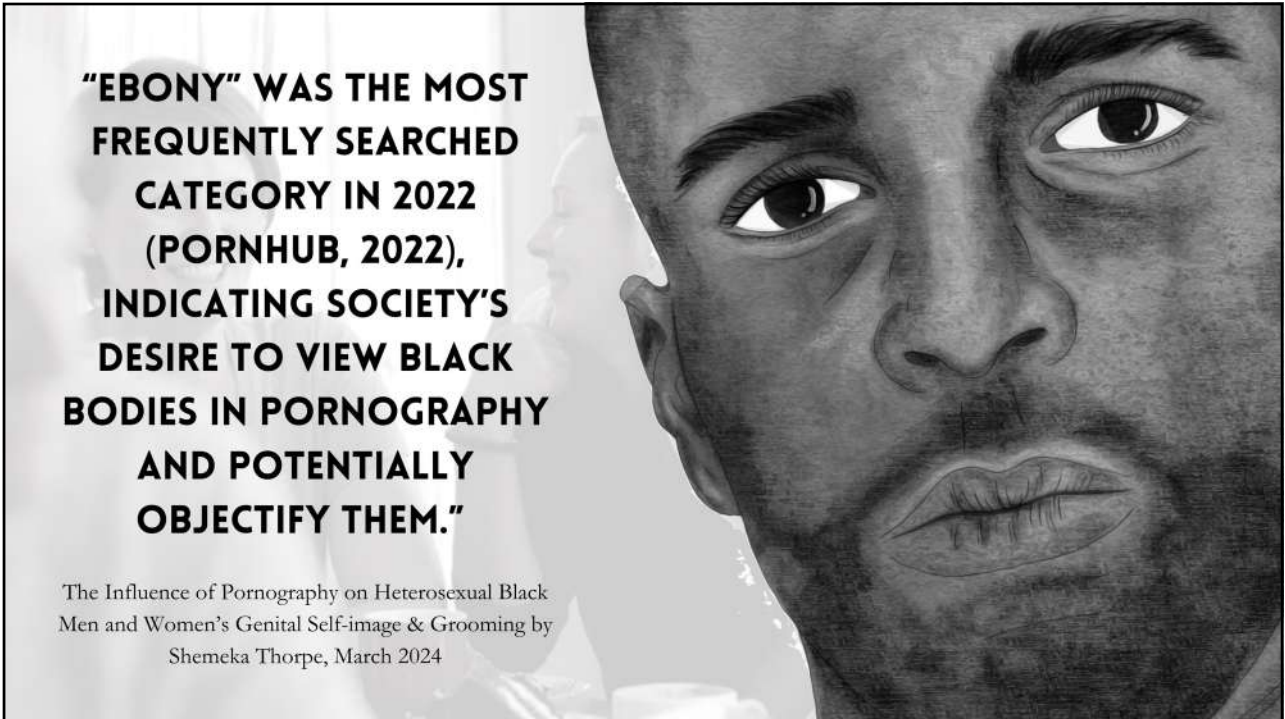
'THE PORNHUB SITE IS INFESTED WITH RAPE VIDEOS. IT MONETIZES CHILD RAPES, REVENGE PORNOGRAPHY, SPY CAM VIDEOS OF WOMEN SHOWERING, RACIST AND MISOGYNISTIC CONTENT, AND FOOTAGE OF WOMEN BEING ASPHYXIATED IN PLASTIC BAGS. A SEARCH FOR "GIRLS UNDER18" (NO SPACE) OR "14YO" LEADS IN EACH CASE TO MORE THAN 100,000 VIDEOS.'

Kristof, New York Times, 2020

10

"EBONY" WAS THE MOST FREQUENTLY SEARCHED CATEGORY IN 2022 (PORNHUB, 2022), INDICATING SOCIETY'S DESIRE TO VIEW BLACK BODIES IN PORNOGRAPHY AND POTENTIALLY OBJECTIFY THEM."

The Influence of Pornography on Heterosexual Black Men and Women's Genital Self-image & Grooming by Shemeka Thorpe, March 2024



11



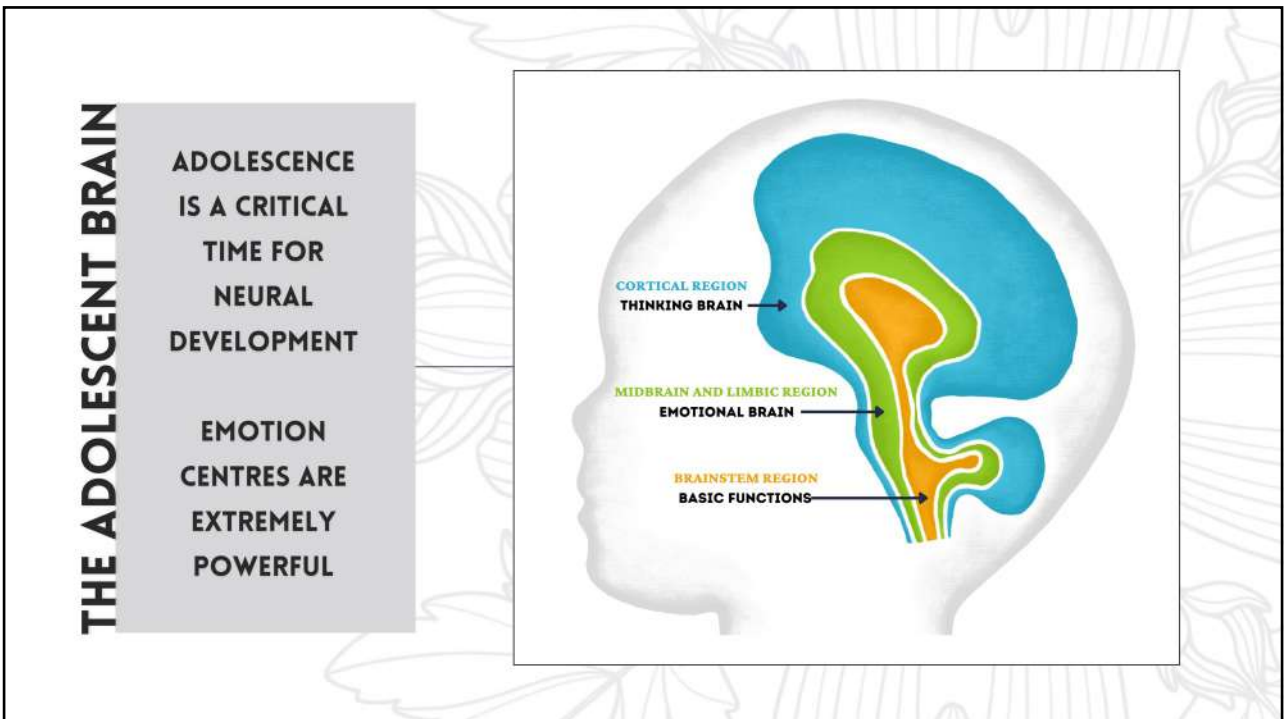
Outdated

ROMANI MAN LIGHTS A LITTLE BOY'S CIGARETTE WITH HIS OWN, UNITED STATES, 1937.
CARLOS DE WENDER-HUNAROS/SMITHSONIAN INSTITUTION

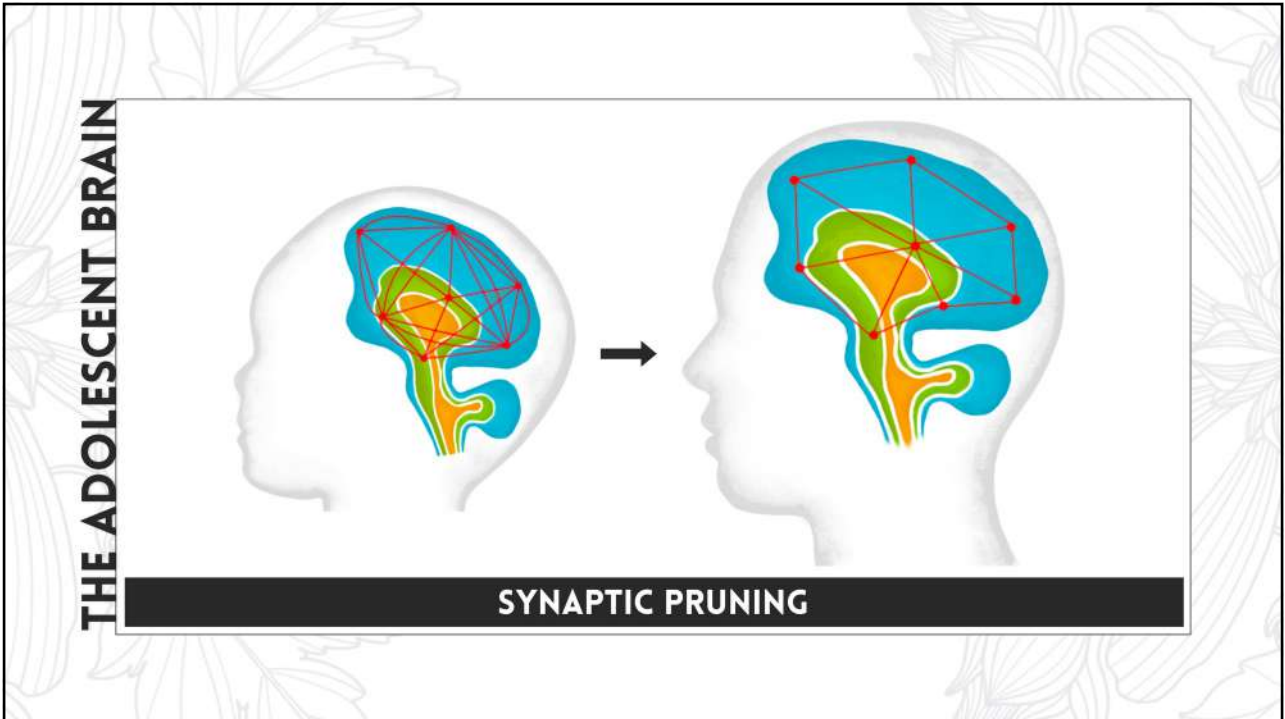
12



13



14



15

SLEEP DEPRIVATION

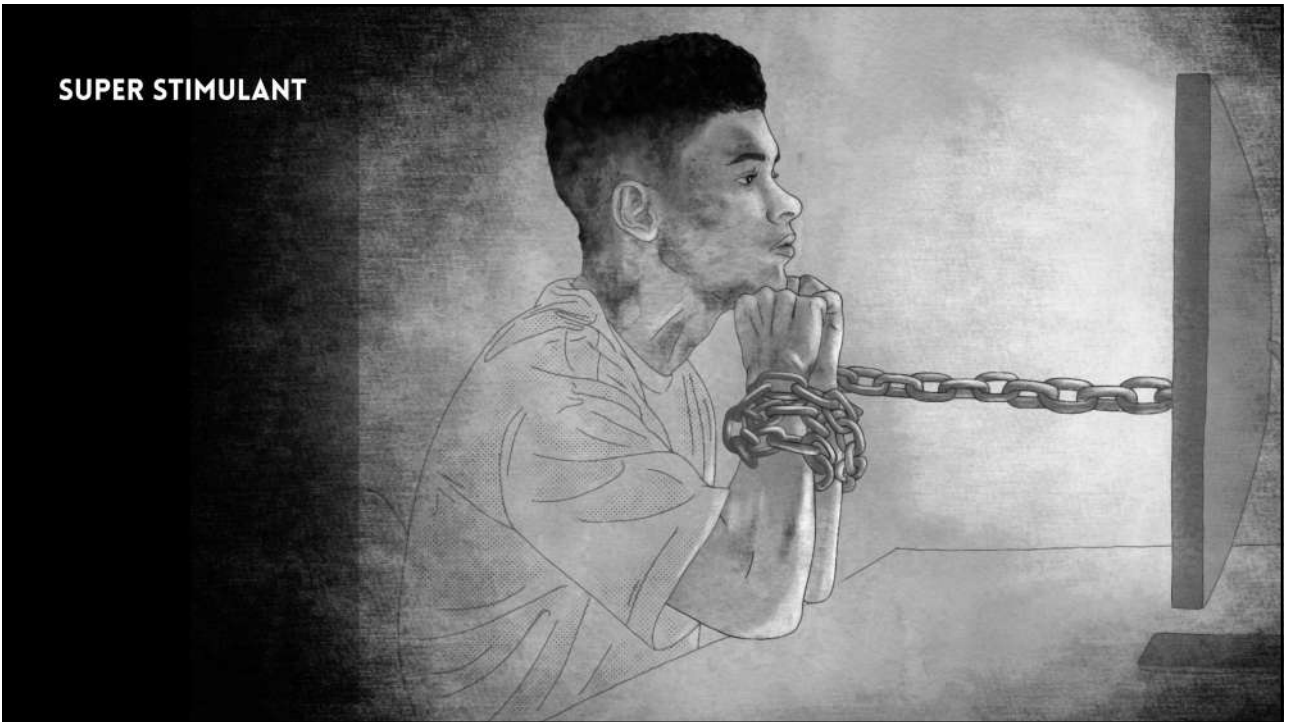
GETTING ENOUGH SLEEP IS ABSOLUTELY CRUCIAL FOR MENTAL HEALTH

TEENS NEED TO BE CONSISTENTLY GETTING BETWEEN 8-10 HOURS A NIGHT

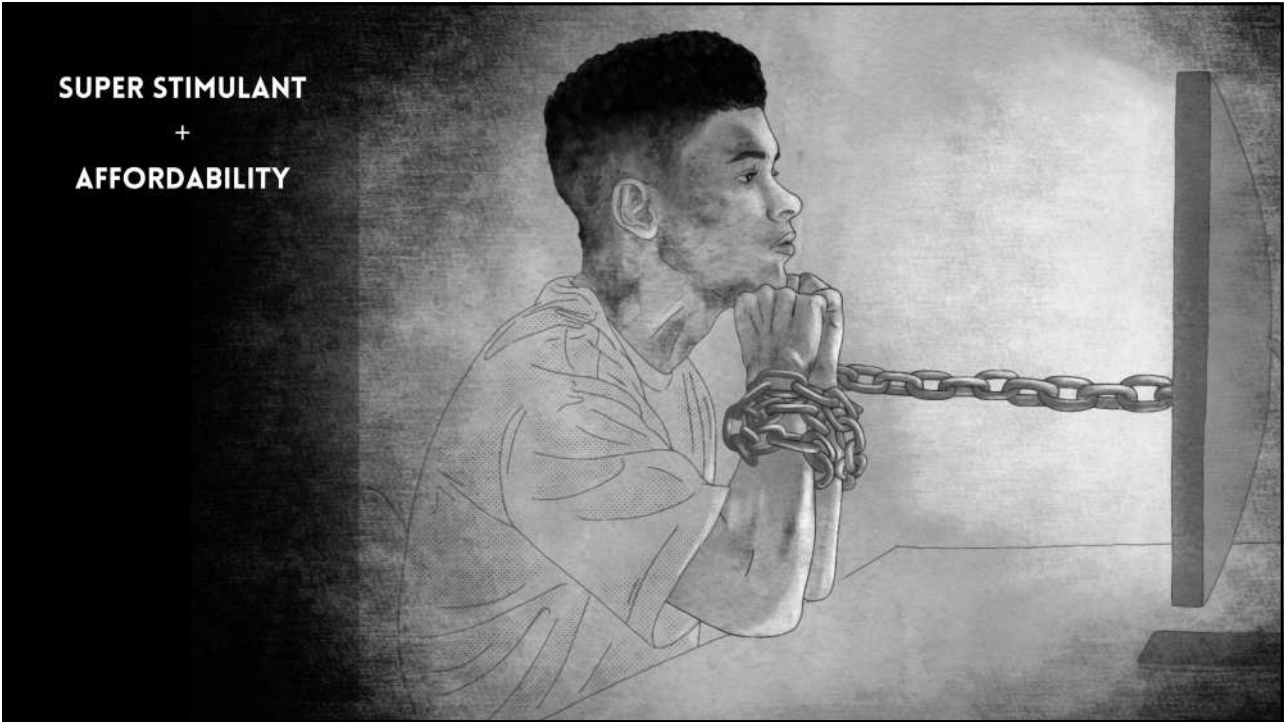
16



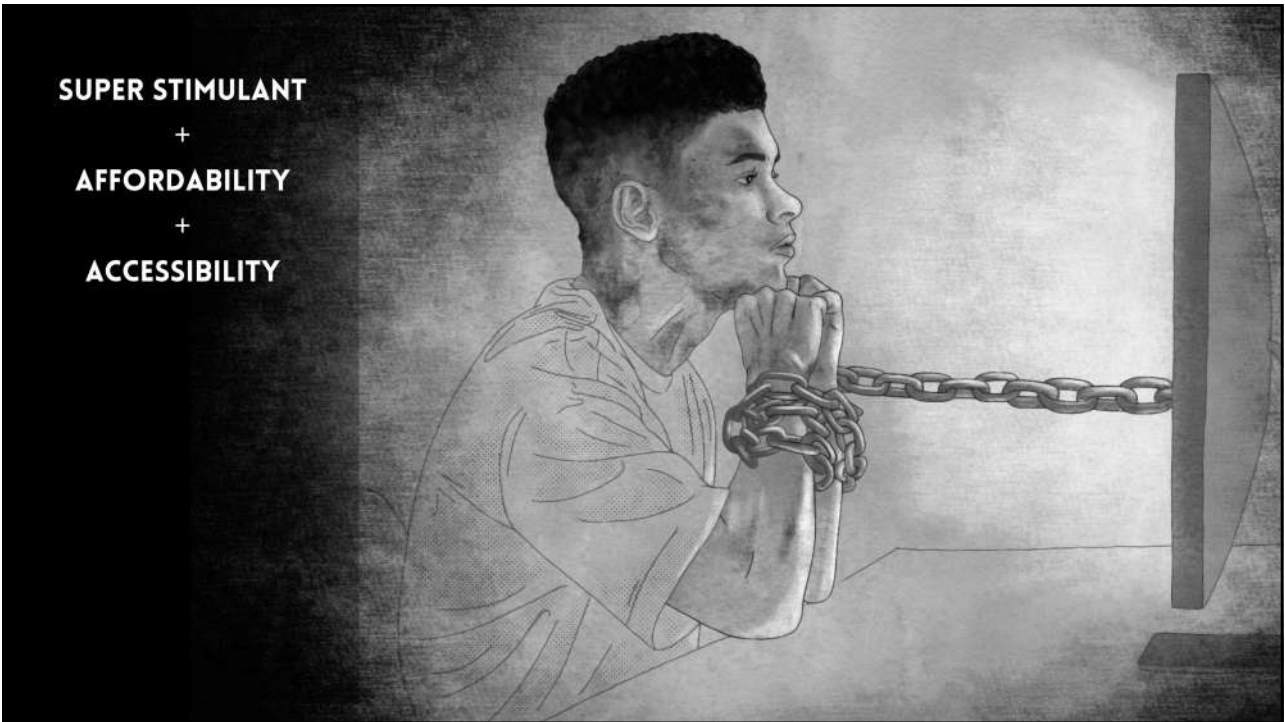
17



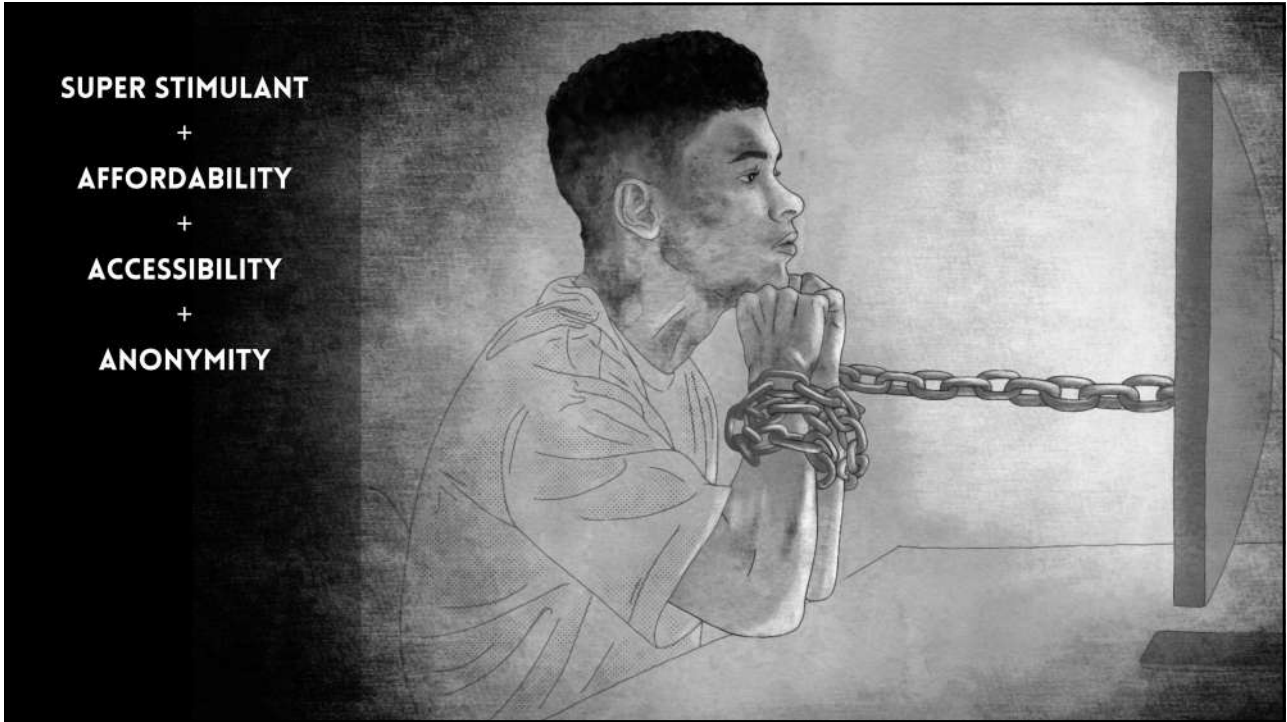
18



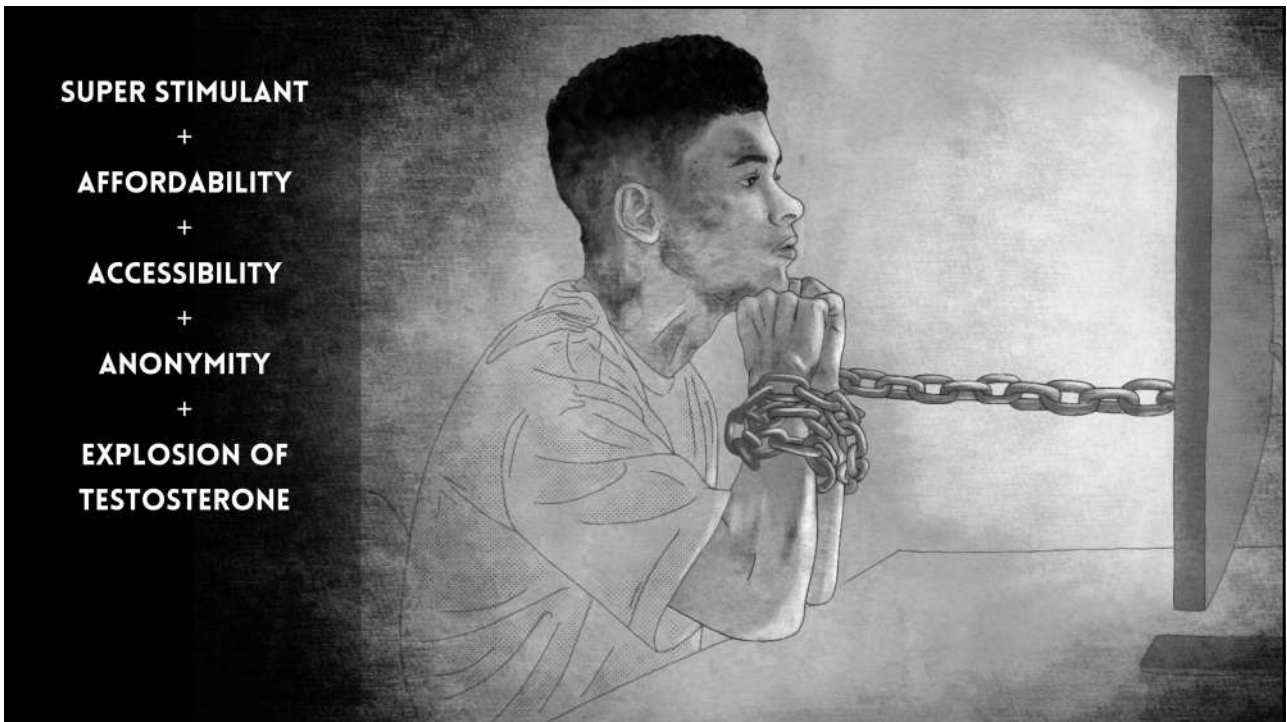
19



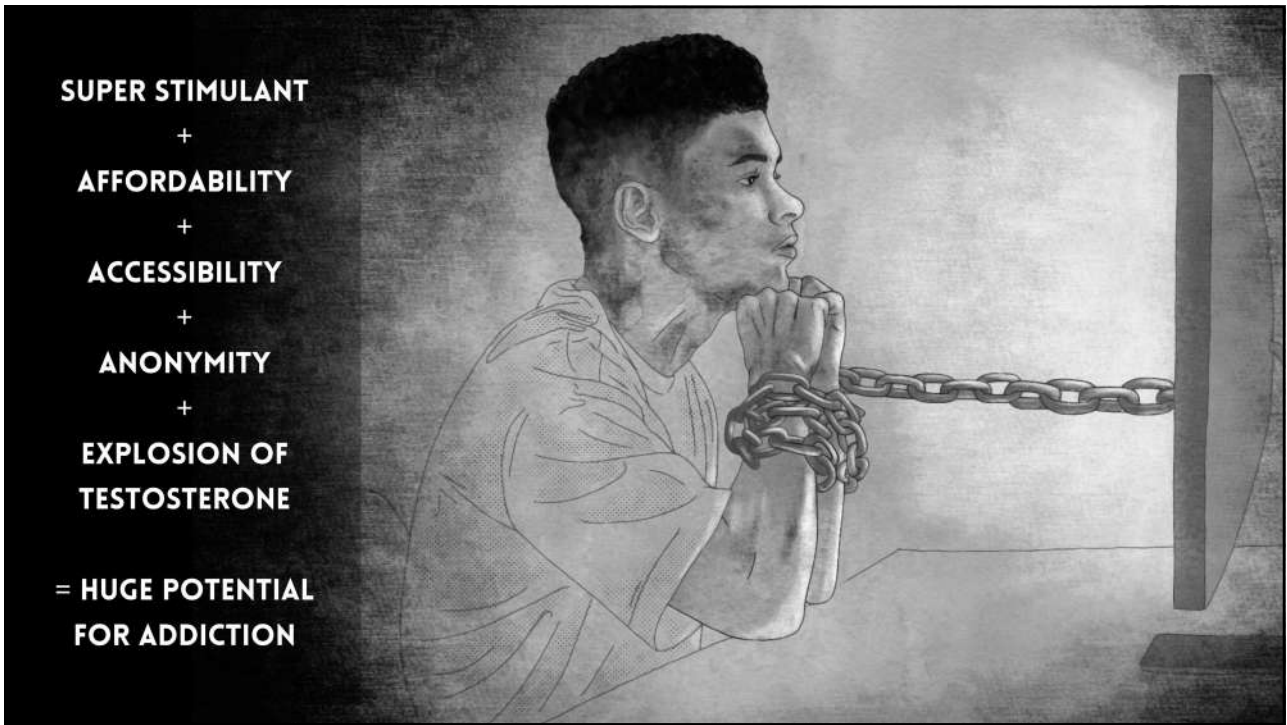
20



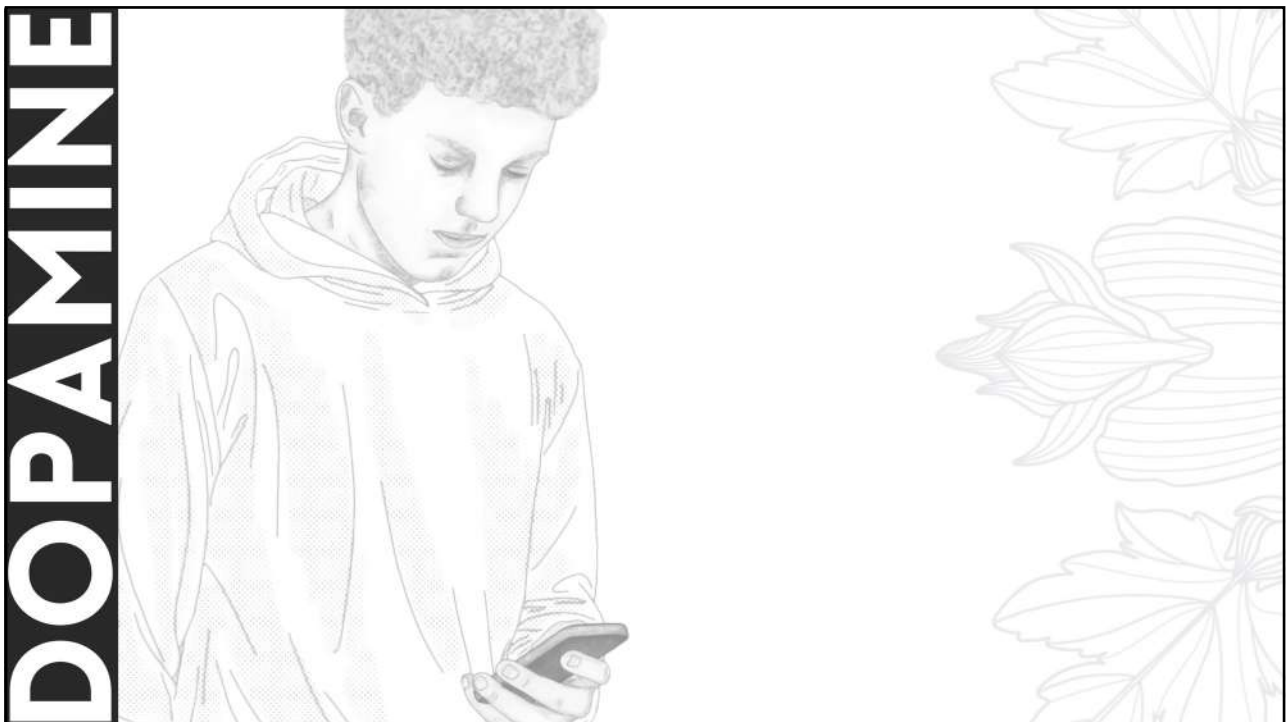
21



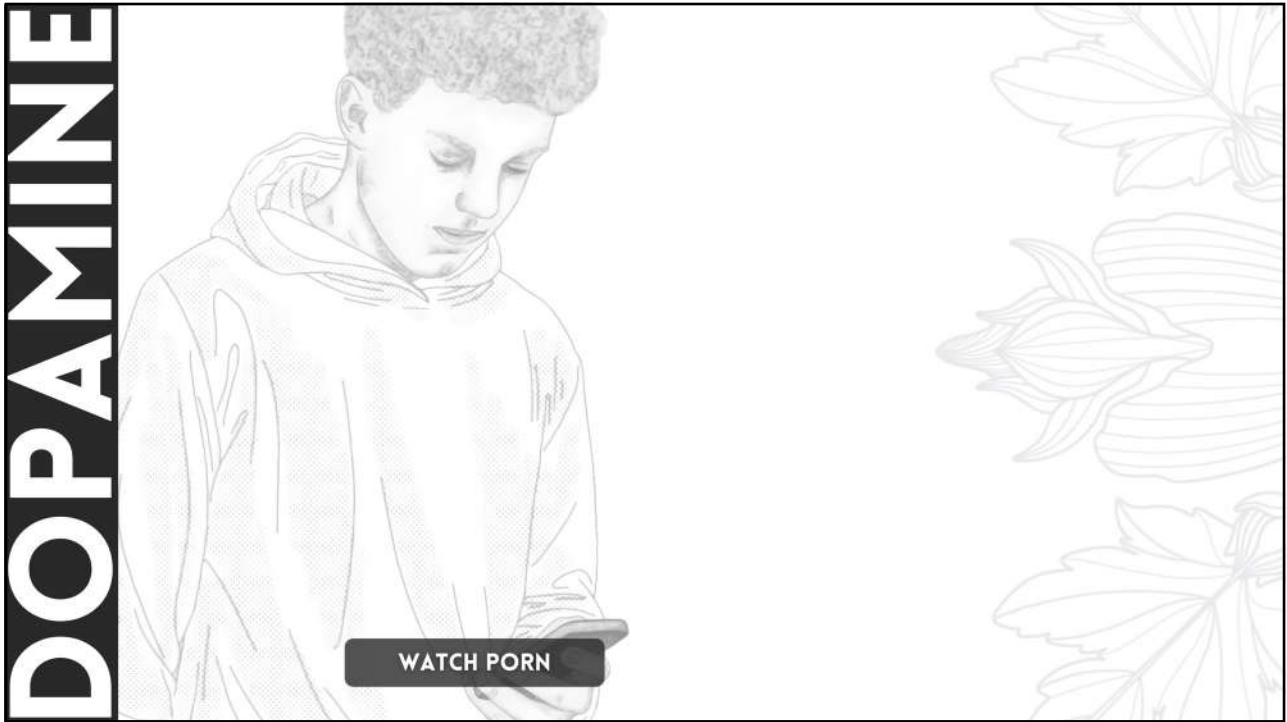
22



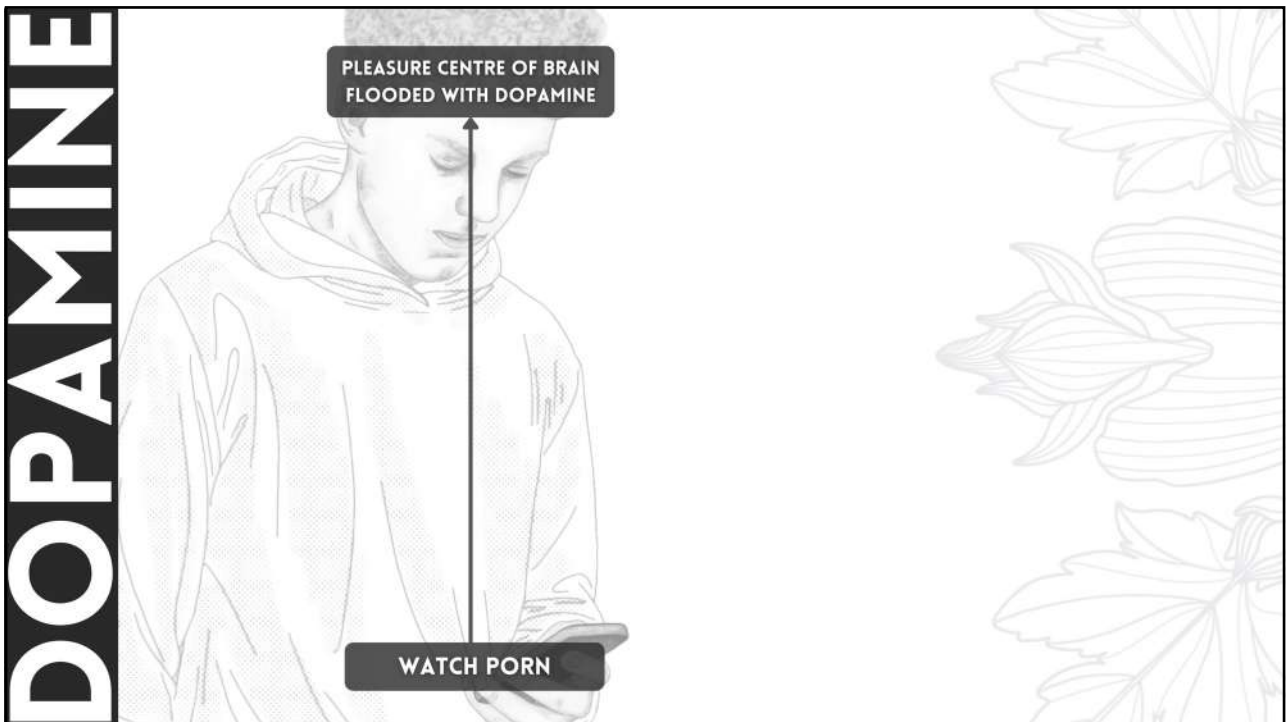
23



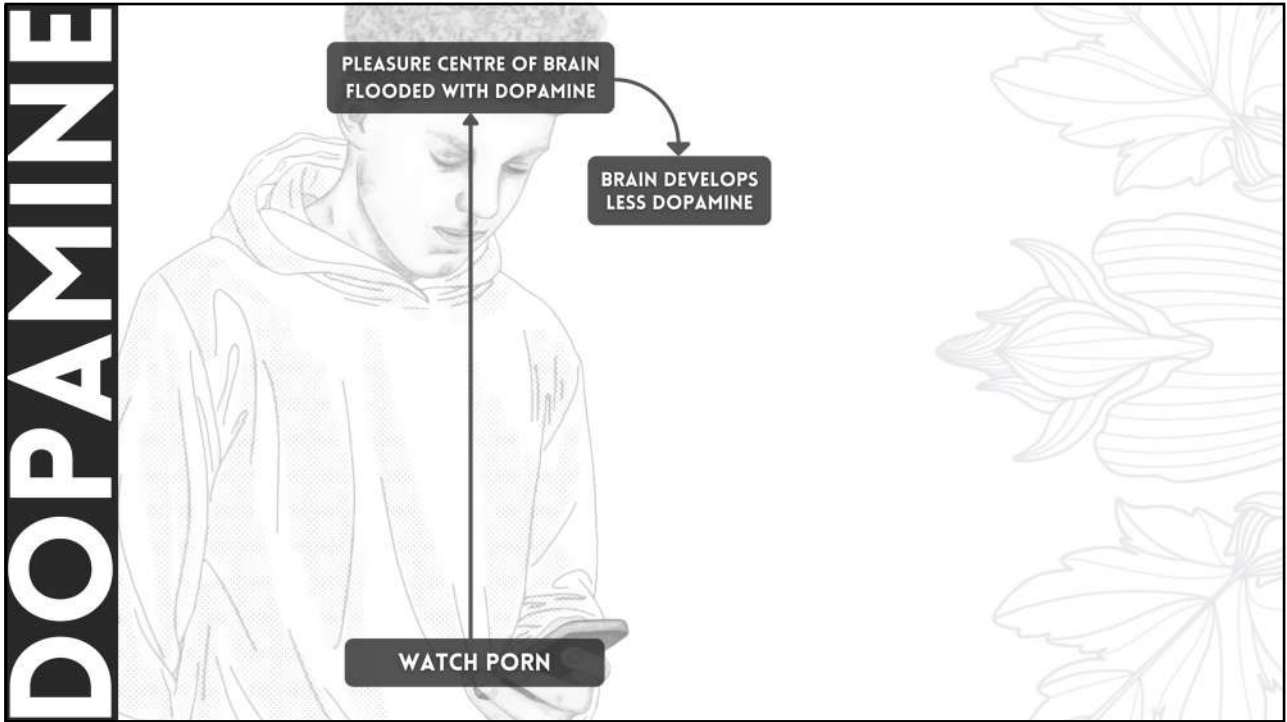
24



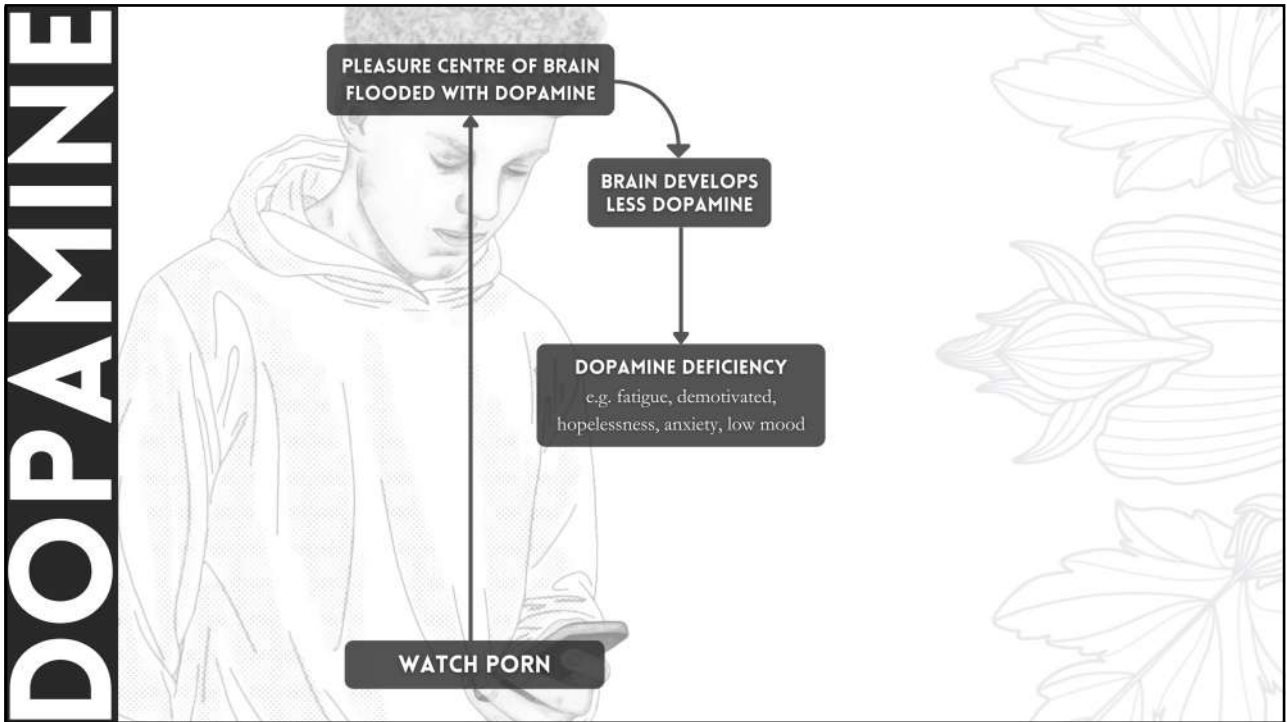
25



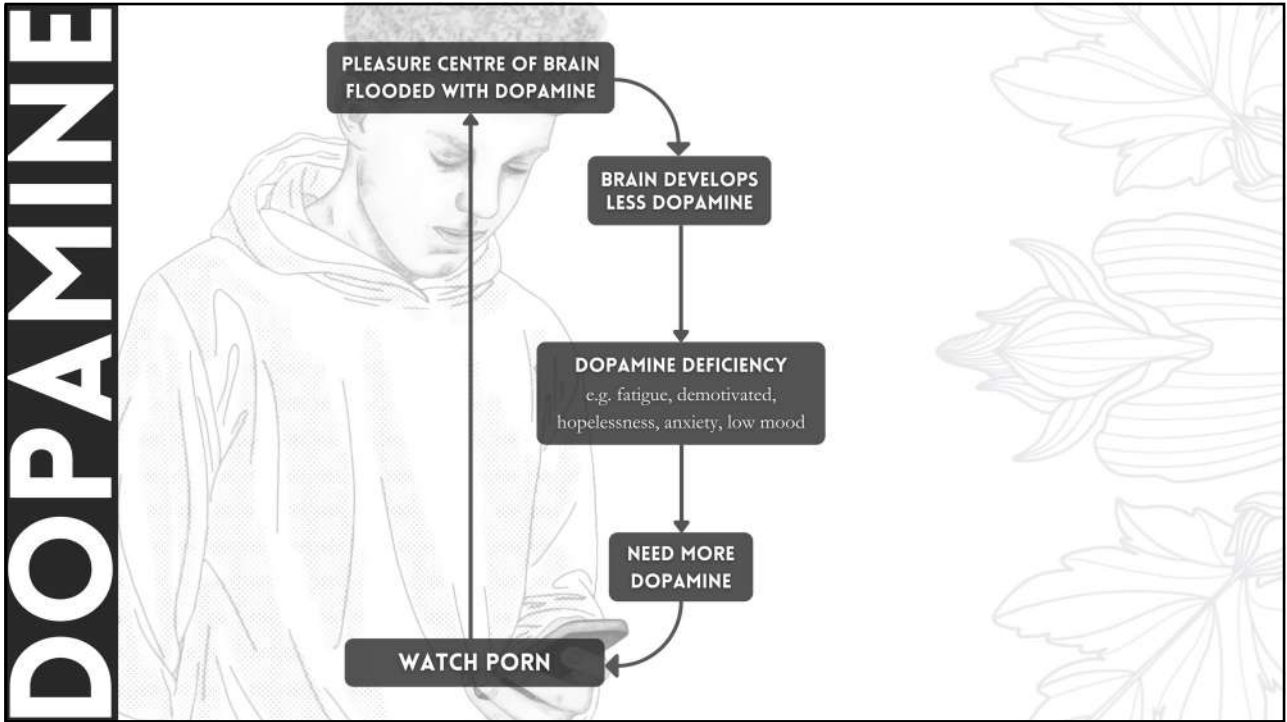
26



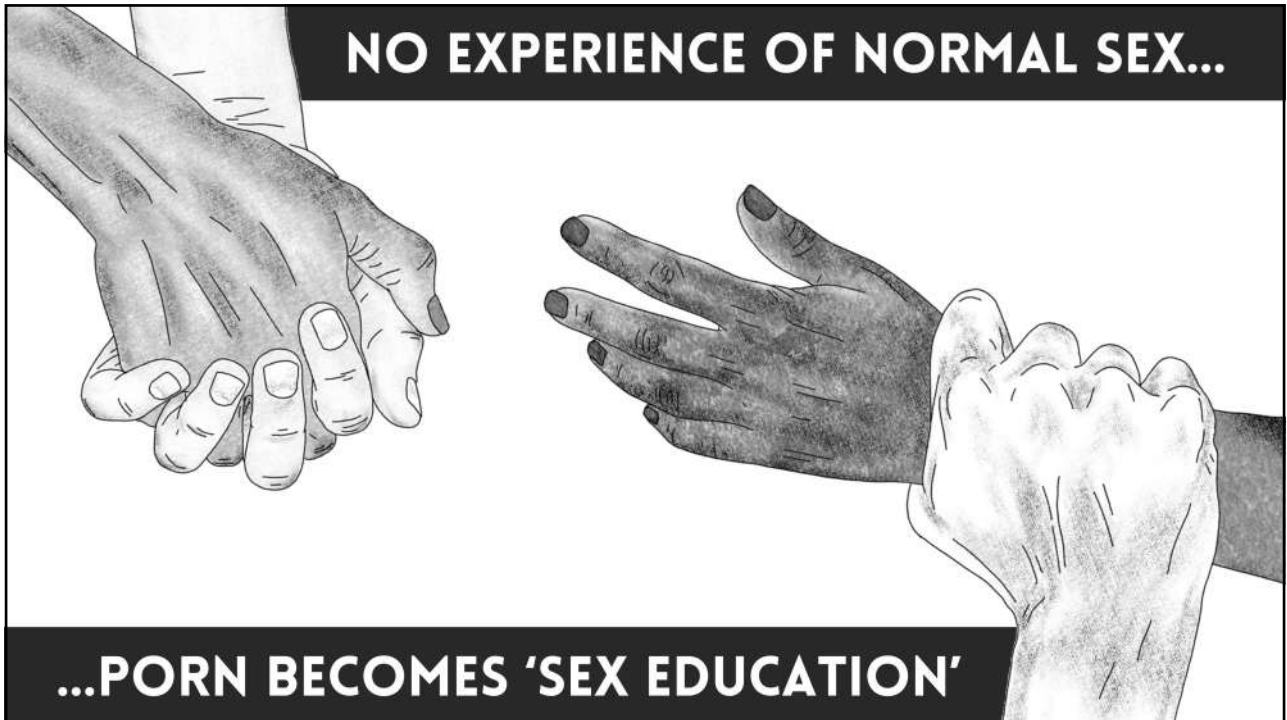
27



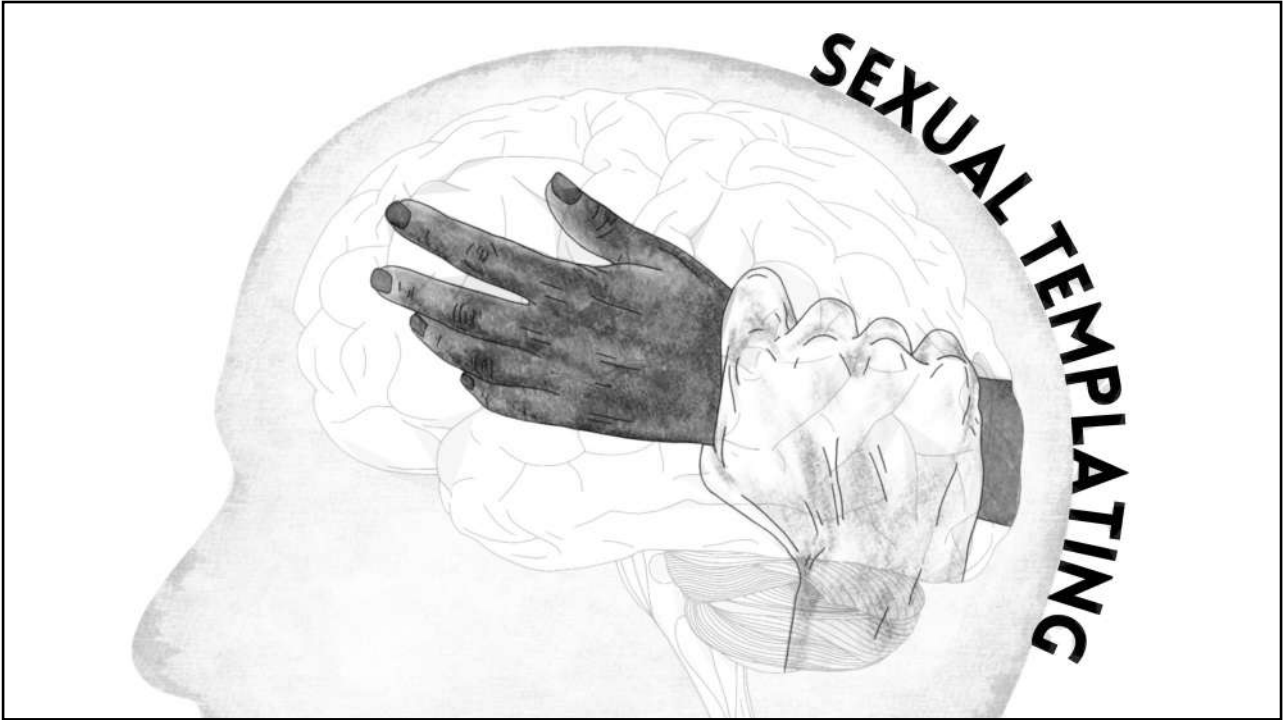
28



29



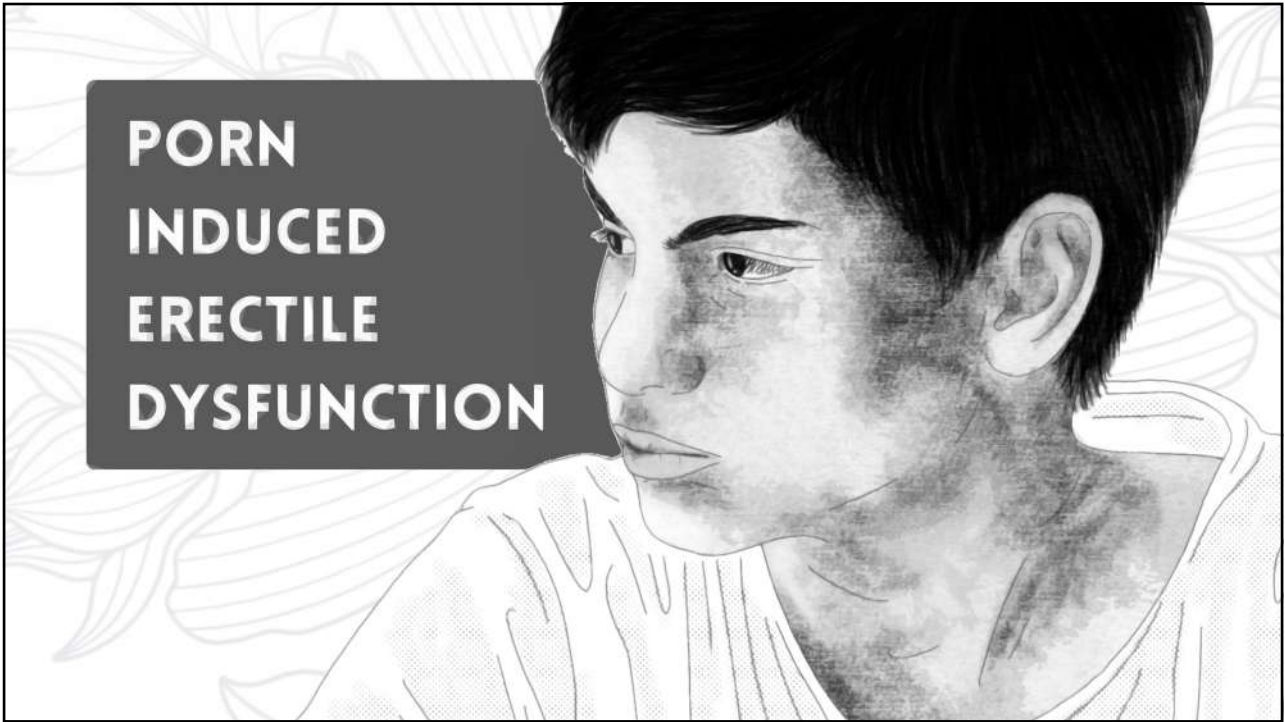
30



31



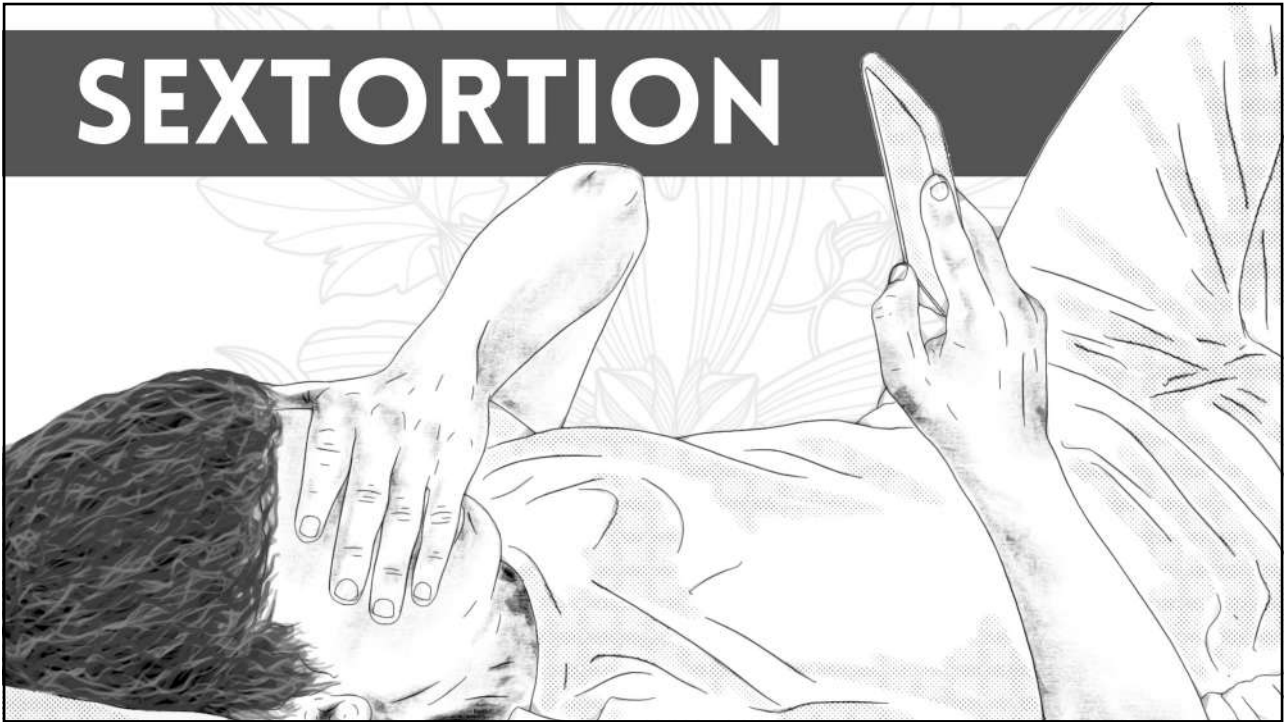
32




33



34



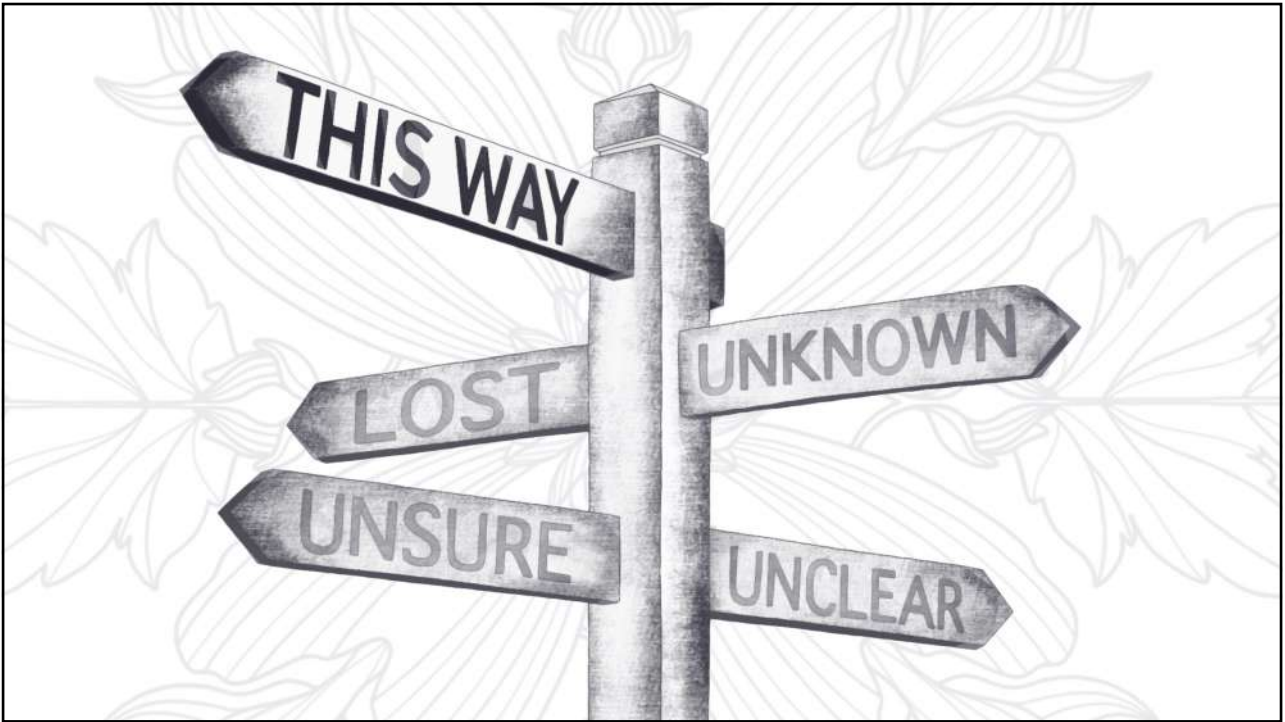
35



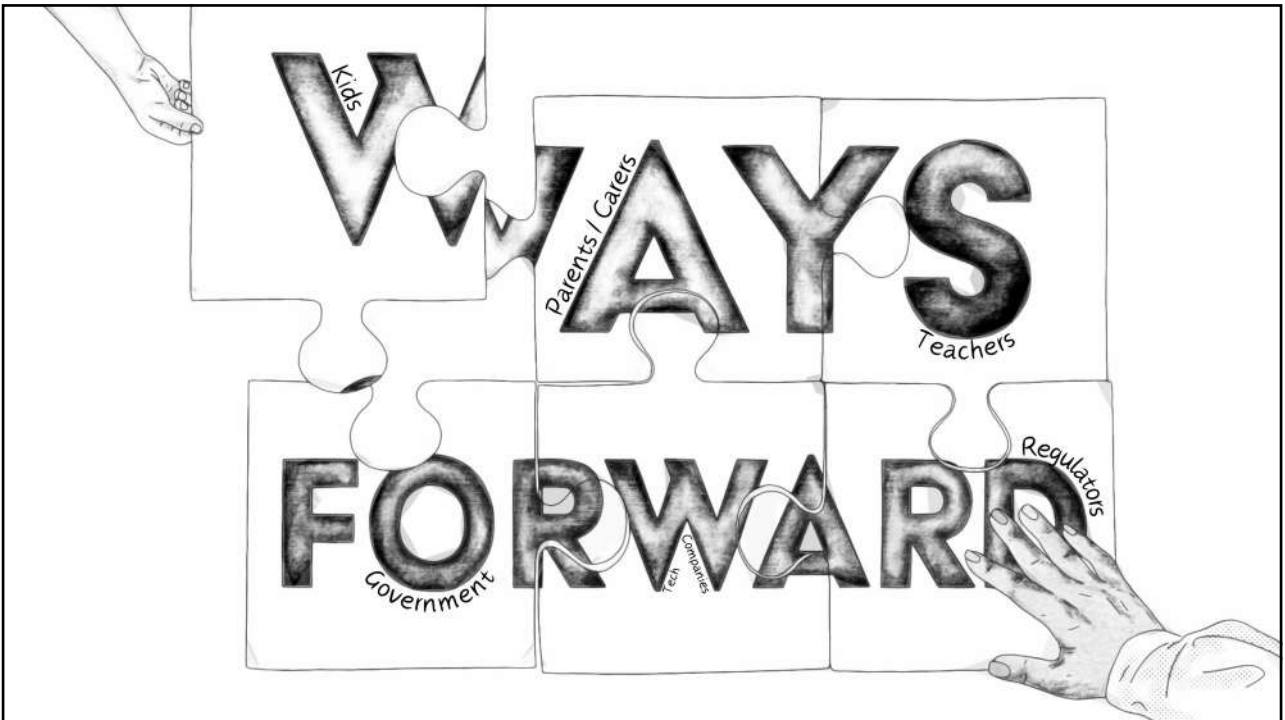
**Report Remove:
removing nude
images online.**
By Childline
<https://youtu.be/SwSpo3N6CeE>

An illustration of a computer monitor and a mouse. The monitor is on the left, and the mouse is on the right. The text is centered in a white box with a black border. The background features faint, stylized floral patterns.

36



37



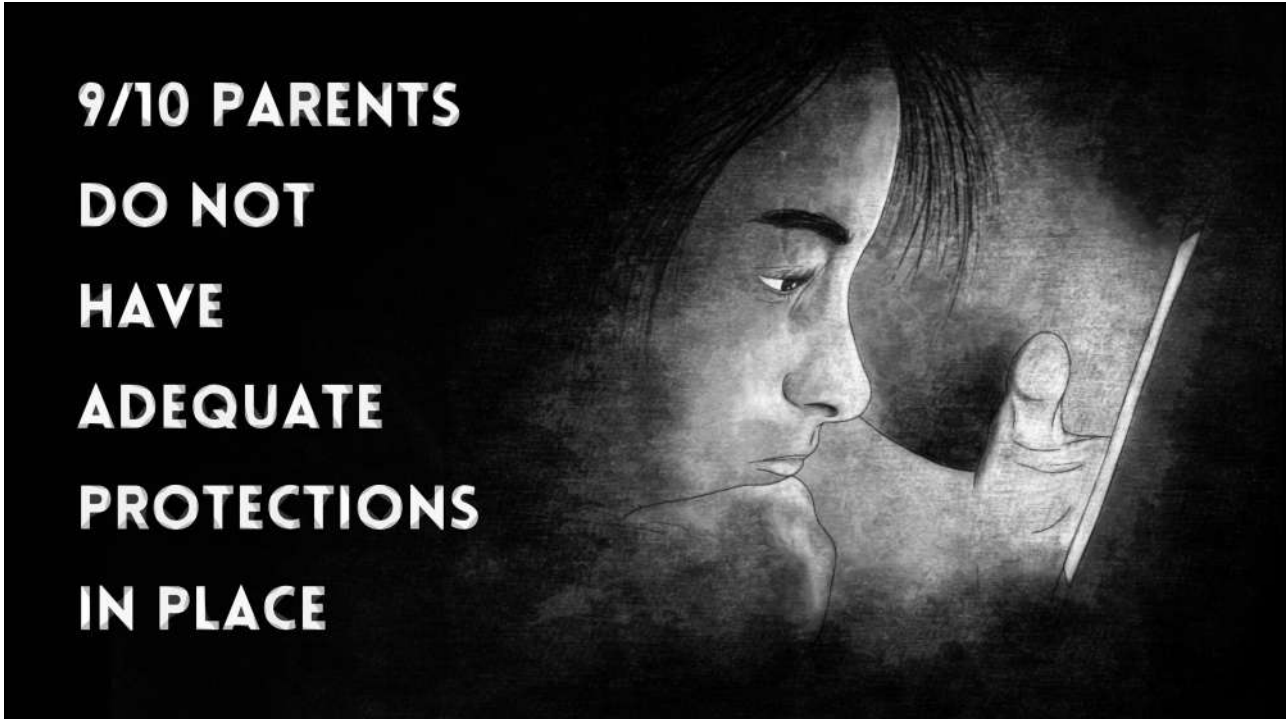
38



39



40



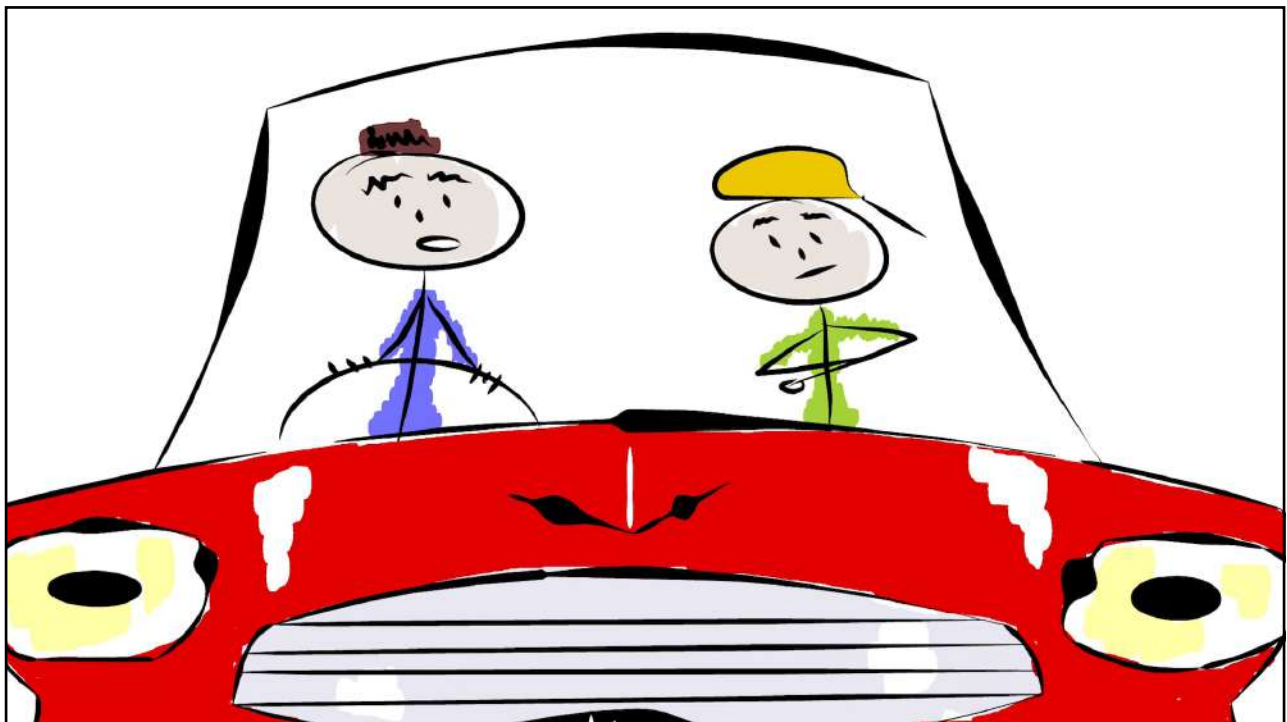
41



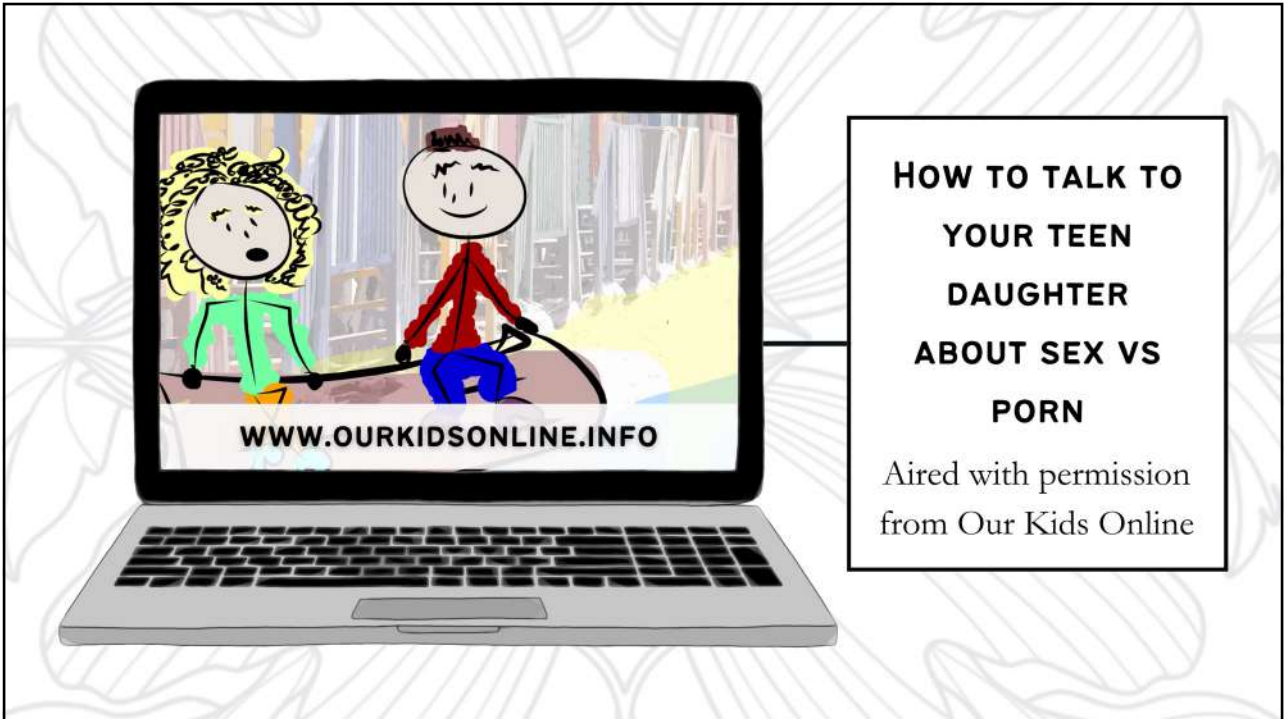
42



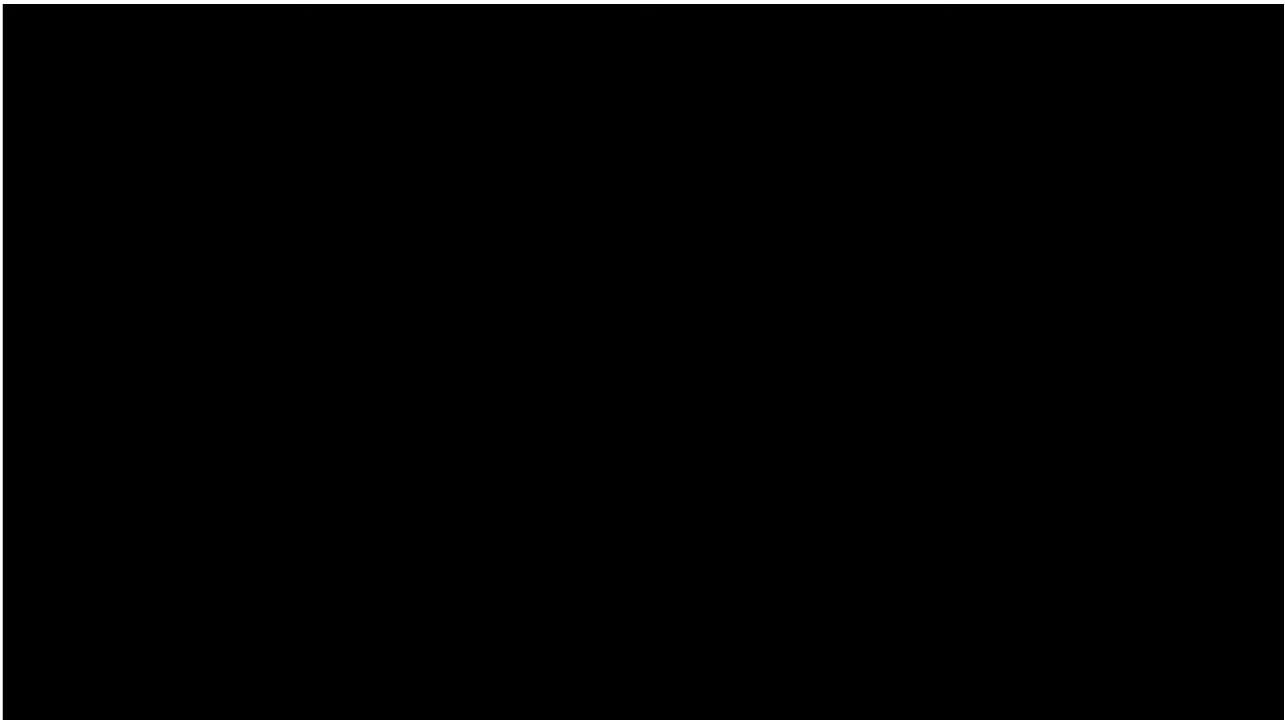
43



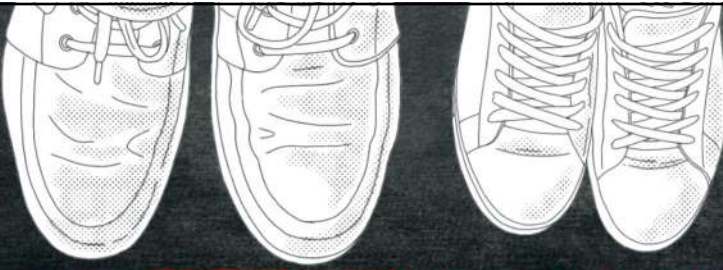
44



45




46



BOUNDARIES

- DELAY ACCESS TO PHONES
- NO SCREENS UPSTAIRS
- INTERNET TO BE USED IN A COMMUNAL PLACE
- DISCUSS WHAT TO DO IN AN EXPOSURE SITUATION
- DISCUSS BOUNDARIES WITH OTHER PARENTS – PLAYDATES, SLEEPOVER ARRANGEMENTS
- CONSIDER ALTERNATIVE PORN ACCESS ENCOURAGE 'GOING OLD SCHOOL'!

47



FILTERS & MONITORING

'INTERNET MATTERS' WEBSITE: REVIEWS FILTERS AND MONITORING OPTIONS AND GIVES STEP BY STEP GUIDES RE HOW TO IMPLEMENT

48

- ANY SIGNIFICANT BEHAVIOUR CHANGES (EG WITHDRAWAL; CHANGES IN RELATIONSHIPS, FUNCTIONING, CONCENTRATION)
- ANY SIGNIFICANT CHANGE IN THEIR MENTAL HEALTH
- IF A YOUNG PERSON SEEMS NERVOUS WHEN THEY LOOK AT THEIR PHONE
- IF A YOUNG PERSON SEEMS TO BE TURNING TO THEIR PHONE AS A COPING MECHANISM
- IF A YOUNG PERSON IS CLEARING THEIR SEARCH HISTORY
- EXTREME RELUCTANCE TO SHARE WHAT THEY ARE LOOKING AT ONLINE



BEHAVIOURS YOU MIGHT SEE IF THERE IS A PROBLEM

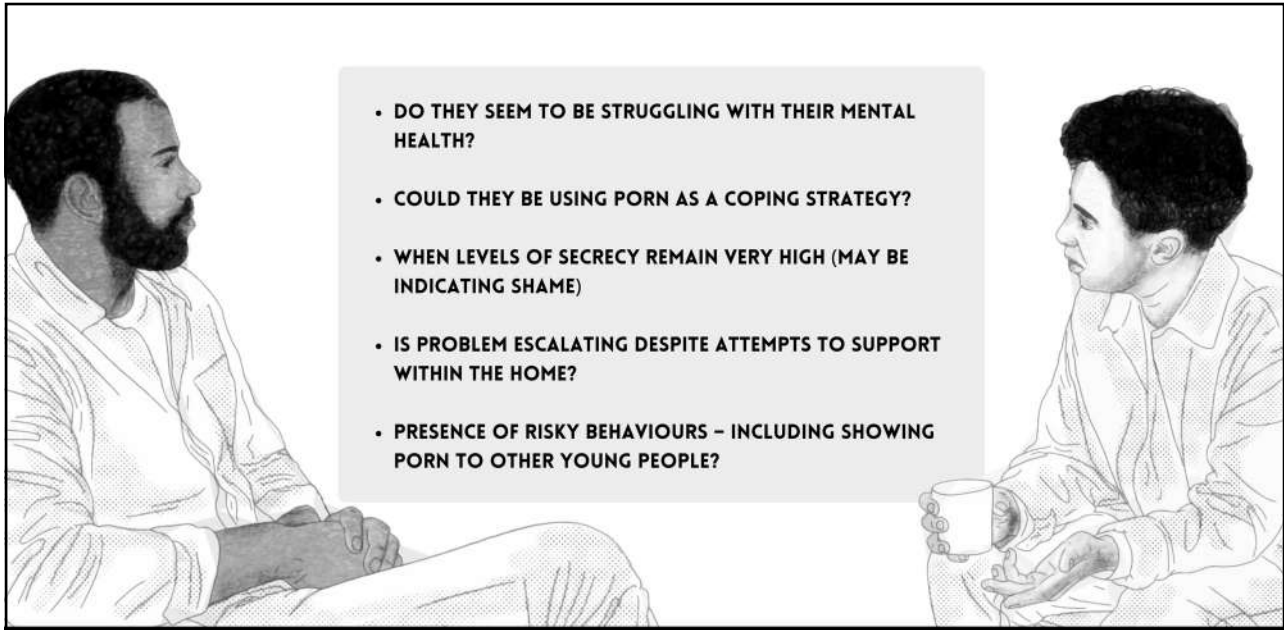
49

- FOCUS ON THE RELATIONSHIP
- CHANGING THE CONVERSATION: HONEST, OPEN, 'TURN THE LIGHT ON'
- CREATING A SHAME/BLAME FREE ENVIRONMENT
- TALK, EDUCATE (E.G. ADDICTION CYCLE) REGULARLY, NOT A 'ONE AND DONE-ER'
- SET CLEAR EXPECTATIONS AND BOUNDARIES
- HAVE AN EXPLICIT SAFETY PLAN INCLUDING PARENTAL CONTROLS (FILTERS, MONITORING, INTERNET IN COMMUNAL SPACES)



WHAT TO DO IF THERE IS AN ESTABLISHED ISSUE

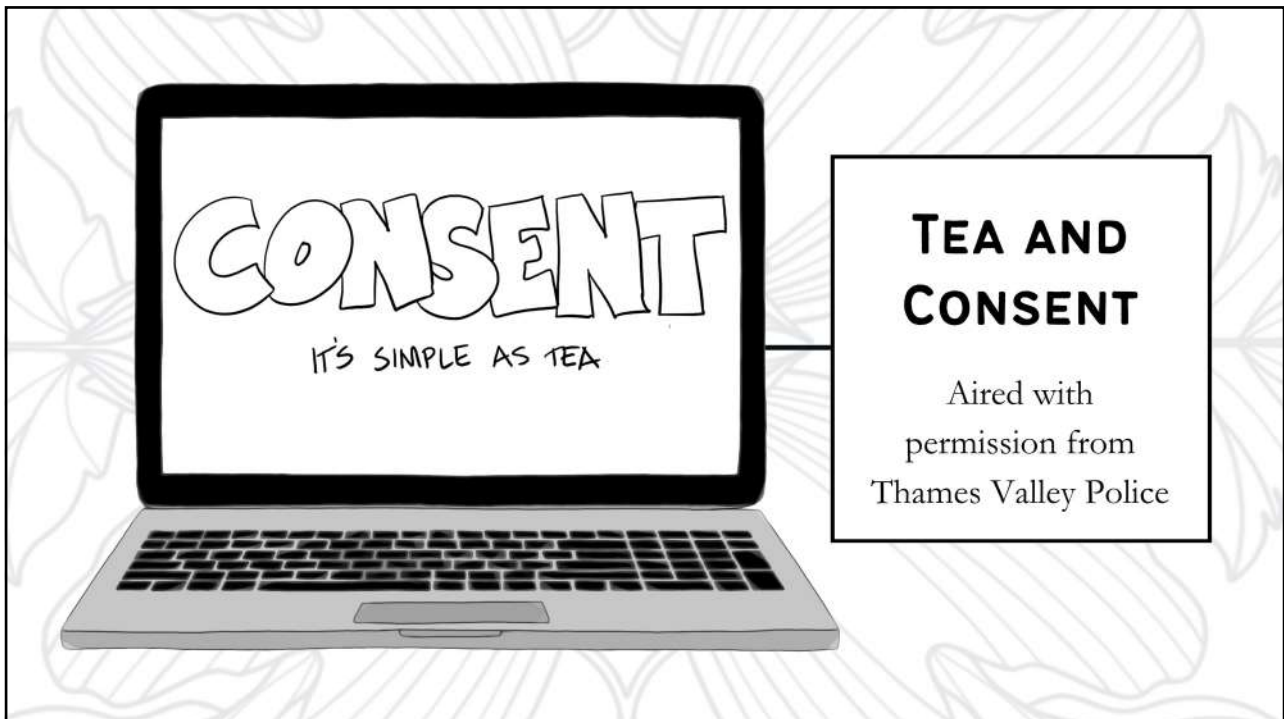
50



- DO THEY SEEM TO BE STRUGGLING WITH THEIR MENTAL HEALTH?
- COULD THEY BE USING PORN AS A COPING STRATEGY?
- WHEN LEVELS OF SECRECY REMAIN VERY HIGH (MAY BE INDICATING SHAME)
- IS PROBLEM ESCALATING DESPITE ATTEMPTS TO SUPPORT WITHIN THE HOME?
- PRESENCE OF RISKY BEHAVIOURS – INCLUDING SHOWING PORN TO OTHER YOUNG PEOPLE?

WHEN TO SEEK ADDITIONAL HELP FROM A THERAPIST

51



CONSENT
IT'S SIMPLE AS TEA

TEA AND CONSENT
Aired with permission from Thames Valley Police

52

CONSENT

IT'S SIMPLE AS TEA

53

A detailed line drawing of a tea plant, showing several tea buds and leaves. The drawing is centered and serves as a background for the text.

**DISCUSSION
AND QUESTIONS**

54

