

**NEW WEBINAR!**



# WHY THE PAIN?

## Supporting Your Child with Self-Harming

25TH NOVEMBER 2024 | £30 | 12PM - 2PM

**It can be really scary when your child is in distress and is harming themselves. There may be moments when you feel helpless, stuck or even angry. Children and young people have all sorts of reasons why they self-harm and often they will have different reasons at different times.**

In this workshop, we will explore and understand why children self-harm. You will be supported to find ways of bringing more calm, joy and happiness into all your lives and grow your confidence while helping your child rediscover theirs.

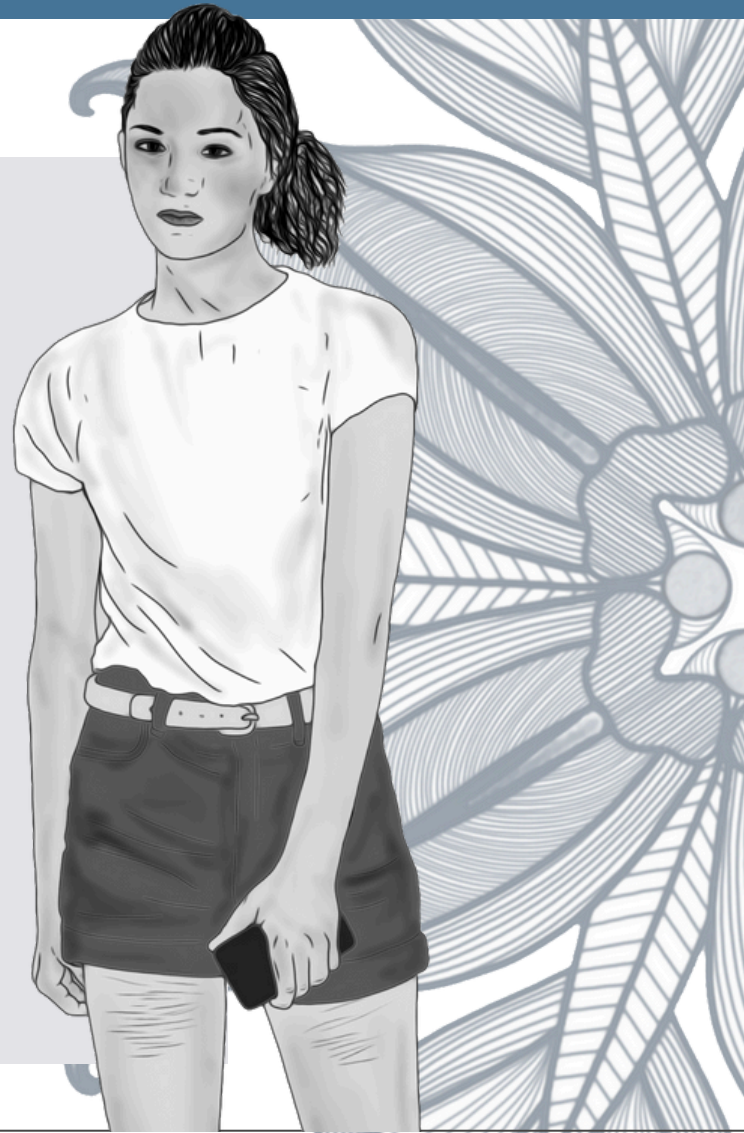


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## LEARNING AIMS:

Learn and deepen your understanding of self-harm and what your child may be experiencing:

- Gain an **understanding of why children self-harm**
- **Explore the impact** on your own relationships.
- Find **ways to support** your child or young person.



## WHO IS THIS TRAINING FOR?

The training is for all parents, parenting figures, carers, teaching staff, therapists, social workers and any other professionals who are supporting children and young people.



# ABOUT THE TRAINERS

**Lucy Joy** is an experienced trainer and consultant who has worked in schools, early years settings, special education and alternative education provisions, utilising a trauma-informed approach, focussing on the impact of attachment difficulties, loss and developmental and complex trauma. Lucy also specialises in anxiety and is a Certified Clinical Anxiety Treatment Professional (CCATP).



Having worked as a therapist at Beacon House for a number of years, Lucy has now moved fully into a training and consultation role. Lucy is absolutely passionate about the work she does and looks forward to seeing you online.

**Helen Townsend** is the artist and Specialist Creative Designer here at Beacon House. She collaborates closely with Lucy to bring together specialist content into a creative, beautiful, resourceful online training experience. As an adoptive parent herself, Helen is inspired by her experience living with trauma and loss in how she portrays the learning through her artwork.



## CERTIFICATES

You will be provided with an attendance certificate.

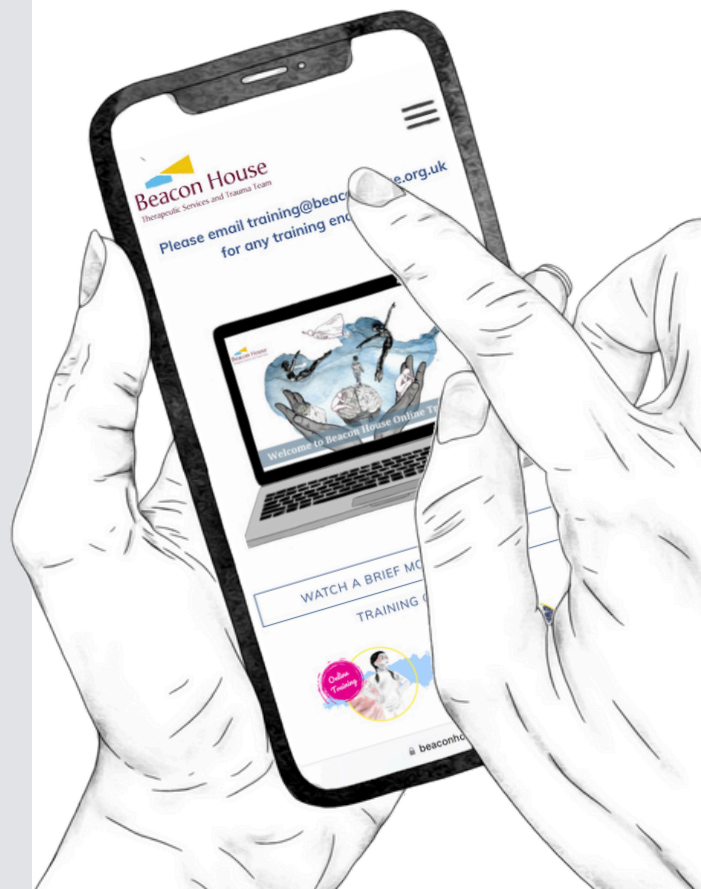
## HOW TO BOOK

Please visit our website:

**[www.beaconhouse.org.uk/training](http://www.beaconhouse.org.uk/training)** where you can book your place online. Please email

our training team if you have any further questions:

**[training@beaconhouse.org.uk](mailto:training@beaconhouse.org.uk)**



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**PAYMENT FOR THIS COURSE IS MADE UNDER THE FOLLOWING TERMS & CONDITIONS:**

Refunds are available 21 days prior to the training. After this time this training is non-refundable

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