



Hello from Beacon House!

You and your family are coming to Beacon House soon and we are looking forward to meeting you.

What is Beacon House?



Lots of people come to Beacon House; grown-ups, children, teenagers. At Beacon House we know that all children and families are different and special!

This guide is for children who are adopted or who live with a special guardian carer. We want to help you with feeling even happier, healthier, safer and stronger in the future!

Why do people come to Beacon House?



- Because they have angry or sad or muddly feelings.
- Because they have questions about why they are adopted or live with different carers.
- To have lots of fun with their parents and to help their body
 move how they want it to and feel good/calm inside and outside.
- Some parents come without their children to get new ideas to help the whole family.

What will happen when you come to Beacon House?



At Beacon House we don't make anyone do anything they don't want to. We will ask you some questions and we would love to hear your thoughts. It's okay with us if you want to mostly listen or play while we talk to your adults.

What will I do at Beacon House?



 When we meet children and families we might play, talk, listen, draw.

 There are always comfy chairs, blankets, toys, games and books.

- We like to hear about what you enjoy and are good at.
- We like to know what is going really well for you.
- Children tell us what is tricky for them and we think about how we can help.
- We might act out stories together.
- We might play with balls or other big toys.

What happens next?

The therapist and your grown-ups will meet and make a plan and you might come and see us some more times to play, talk and draw so that we can help you with the things you have asked for help with.

Sometimes parents and carers come instead.

Sometimes whole families come together.



Staying safe

You can talk to any adult at Beacon House if something is worrying you. There are also some people who have the special job of helping you stay safe...

...you can talk to your therapist or...



Kathryn Whyte, our Safeguarding Lead



Jayne Hemming, our Safeguarding Lead

You can talk to them or a grown up can phone them on 01444 413939

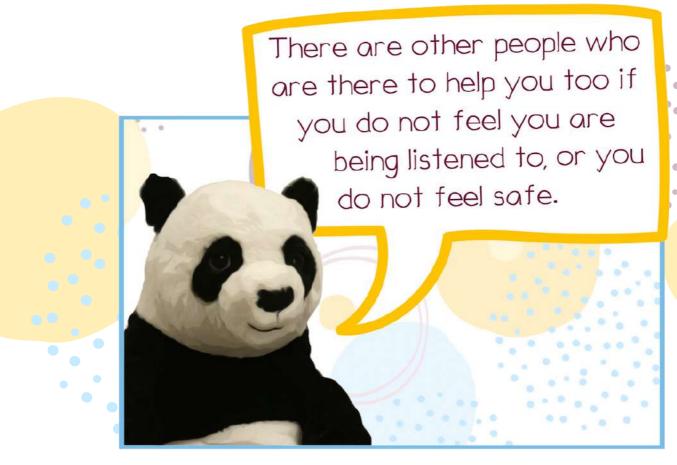
If you don't feel safe at Beacon House or at home or school, you can call Childline on 0800 1111

What if you are not happy with the help you get?



You will also find special blank cards in our waiting room where you can write or draw about what it is like for you to come to Beacon House, and how we can get even better at helping families.

What if you are not happy with the help you get?



YOU CAN CONTACT:

The Children's Commissioner for England

Email: info.request@childrenscommissioner.gsi.gov.uk

Tel: 020 7783 8330

The Children's Advocates - NYAS

Website: www.nyas.net/helpline

Email: help@nyas.net

Tel: 0808 808 1001

Beacon House is registered with a group of people called Ofsted. Ofsted make sure that we are offering a safe and helpful service to you and other young people. You can contact Ofsted on:

Address: Ofsted, Piccadilly Gate, Store Street, Manchester, M1 2WD

Email: enquiries@ofsted.gov.uk

Tel: 0300 123 1231

If you have an Independent Reviewing Officer (IRO) you can also ask your parent/carer for their details and get in touch with them.

We are really looking forward to meeting you

The Beacon House Team

