



# Beacon House

Therapeutic Services and Trauma Team

## Statement of Purpose

Cuckfield Clinic

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<b>Clinic</b>	Cuckfield
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<b>Approved by</b>	Jayne Hemming, Registered Manager

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# 1. Introduction

Beacon House is a specialist therapeutic service for people of all ages and family backgrounds. Whilst not all individuals we support are adopted, many of them are. This Statement of Purpose gives details about the part of our service which is an Adoption Support Agency, what it is and how it works. This information is for parents of children who are adopted, and for adults who are adopted. It is also for our staff, professional colleagues and local authorities. Beacon House is registered as an Adoption Support Agency with Ofsted. This statement is therefore also for the Ofsted Inspectorate.

This document is available on our website at [www.beaconhouse.org.uk](http://www.beaconhouse.org.uk), and it will be made available in a number of formats on request. Arrangements can be made to have the document read, translated or explained to anyone who might have difficulty accessing it.

# 2. Legal Context

This statement of purpose fulfils the requirement of the National Minimum Standards for Adoption (2014) and the Adoption Support Agencies (England) and Adoption Agencies (Miscellaneous Amendments) Regulations, 2005

### **3. Aims and Objectives of Beacon House, Cuckfield clinic**

#### **Our overall aims and objectives**

Beacon House aims to offer a high quality, innovative, attachment and trauma informed therapeutic service to children and adults who are adopted, and their families and networks. Our specialist multi-disciplinary team of therapists provide assessment and therapy to children, families and adults experiencing a wide range of emotional, relational and sensory difficulties. We also offer professional and organisational consultation and training services to professionals and the general public.

We are highly committed to safeguarding the children and adults we work with and strive to offer an effective and safe service to individuals of all ages.

We aim to contribute to an international culture shift where the impact of loss, disruption and trauma is understood and repaired. Through creating freely available resources and delivering training we aspire to share information about trauma and adversity with those who need it.

#### **Our Adoption Support Aims**

The Adoption Support Agency aspect of Beacon House's service provision aims to:

- Offer specialist support to adopted individuals
- Support adoptive parents to provide stable and permanent homes
- Offer support to birth families affected by adoption

### 3. Aims and Objectives of Beacon House, Cuckfield clinic (cont)

#### Our four core services aims and objectives are:

1. **To provide a service that is safe, and feels safe,** for all children, families and adults who receive our support.
2. **To provide therapeutic support which has a positive impact** on the lives of those who we support.
3. **To always relate to those we support in a way which feels respectful and collaborative.** We aim for everyone who comes here to feel that they are listened to, that their views are taken seriously and that they are treated with dignity.
4. **To disseminate resources and information widely and freely** to empower those who are affected by trauma, and those supporting traumatised individuals.
5. **Providing an inspirational and innovative** training service

#### We will achieve our aims and objectives by:

1. **Ensuring our therapeutic provision is informed by research,** and that it is innovative and client focussed.
2. **Providing a team of specialist professionals trained in the relevant therapeutic models** according to the evidence base.
3. **Creating an infrastructure and culture where all staff** are led with clarity, respect and accountability.
4. **Working in partnership with children, adults and professionals** by developing relationships in which others feel valued and respected.
5. **Providing an inspirational and innovative** training service.
6. **Disseminating knowledge about early trauma and its repair to professionals and parents/carers** on a local, national and international level.

## 4. Core Service Principles

- Every person has the right to grow up in a safe, nurturing and stable family environment.
- The safety and welfare of our child and adult clients are at the centre of our service provision.
- Children and adults have the right to be listened to, express their wishes and feelings and participate in decisions about their future.
- Partnership with our clients, other professionals and referrers is highly valued; as is mutual respect.
- Children and adults should have the same opportunities irrespective of gender, ethnic origin, disability, culture, religion, language and sexual orientation.
- We are passionate about understanding mental health symptoms and behaviours as the way an individual has adapted to, and been impacted by, their life experiences.
- We value the complexity of humans and their many struggles. We believe that the services offered should reflect this complexity.
- We believe in tailoring therapeutic plans to meet the needs of individuals. There is no 'one size fits all'.
- We invest in the continued development of our staff team, the overall service and the environment we create for our staff and our clients.

## 5. Procedures for assessing the needs of children

We feel passionately that every piece of therapy should begin with an assessment of therapeutic need. **We see assessment of therapeutic need as an intervention in its own right, as it aims to:**

- Develop a way of understanding the complex difficulties the person (and often their family) has been struggling with.
- Map out what therapeutic support will be effective.
- Build trust and hope; crucial ingredients for change.

**Our assessment procedure for children and families typically involves:**

- Reading of existing reports and assessments
- A meeting with the parent/carers alone
- A meeting with the child alone
- A meeting with the family together
- A conversation with the school and other professionals involved
- Analysis of a range of psychological questionnaires
- A feedback and therapy planning meeting where our therapeutic needs letter is shared.

**Our therapeutic needs assessments aim to establish:**

1. The nature of the difficulties the child and family are experiencing
2. The impact of the child's experiences of loss, trauma and disruption to their development and relationships
3. The parent/carer's own levels of resilience and their support needs
4. The child's education support needs
5. What type of therapy the child and parent/carers are ready for
6. The child and parent/carers' wishes, feelings and therapeutic goals
7. A set of therapeutic recommendations, setting out the sequence of work and associated goals.

We also carry out specialist assessments for adults who are adopted. This involves up to three meetings with the individual where we explore their background, attachment and trauma experiences, their difficulties and their resources. We provide a therapeutic needs letter which makes clear recommendations for the therapy plan.

## 6. Services provided by Beacon House

We offer a range of therapeutic services to children and adults, which include:

- **Clinical services to children, adolescents and families** – this includes, but is not restricted to, children who are adopted or cared for under a Special Guardianship Order.
- **Clinical services to adults** – this includes, but is not restricted to, adults who have experienced early trauma and adversity.
- **Training services** – with a special focus on teaching about the impact of complex trauma and its repair.
- **Organisational consultation** – to promote teams and organisations to become trauma-informed.
- **Case consultations** – to promote professional networks around a child or adult to become more effective, integrated and goal focussed.
- **Clinical Supervision** – to provide professionals with trauma-informed specialist supervision for their work with children, families and adults

## 7. Responsible Individual and Manager



Our Responsible  
Individual is  
**Dr Shoshanah Lyons**



Our Registered  
Manager is  
**Jayne Hemming**



## **8. Organisational structures and functions**

Beacon House is headed up by its Directors, Shoshanah Lyons and Oliver Bowles, and is managed by our Service Manager, Jayne Hemming. Our three Clinical Leads oversee our specialist therapists; and the service is supported administratively by our secretaries and finance administrators. See Appendix One for our structure chart.

## **9. Staff: Qualifications and Experience**

Beacon House Cuckfield Clinic has 30 specialist therapists, working with children or adults who are adopted. They are each adequately qualified, suitably experienced and registered with a professional body. Each therapist has a personnel file compliant with the regulations, and their ongoing continued professional development and supervision is overseen by our leadership team.

See Appendix Two for a list of our leadership team and specialist therapists, and their qualifications.

## 10. Safeguarding

Beacon House is highly committed to safeguarding the children and adults who come into contact with our service. Our comprehensive safeguarding framework is available on our website ([www.beaconhouse.org.uk](http://www.beaconhouse.org.uk)), along with an information leaflet on our safeguarding principles and practice. Key safeguarding contact details are as follows:

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**Shoshanah Lyons (*Responsible Individual*)**

Designated Safeguarding Lead

[s.lyonse@beaconhouse.org.uk](mailto:s.lyonse@beaconhouse.org.uk)

**Jayne Hemming (*Registered Manager*)**

Designated Safeguarding Lead

[Jayne.hemming@beaconhouse.org.uk](mailto:Jayne.hemming@beaconhouse.org.uk)

**Kathryn Whyte**

Designated Safeguarding Lead

[Kathryn.whyte@beaconhouse.org.uk](mailto:Kathryn.whyte@beaconhouse.org.uk)

**Laura France**

Designated Safeguarding Lead

[Laura.france@beaconhouse.org.uk](mailto:Laura.france@beaconhouse.org.uk)

## **11. Compliments, Concerns and Complaints**

We continually strive to improve our services to children and adults, and we welcome feedback at all times, verbally or in writing. We are grateful for any observations by those who consider that our services could be improved; and there are a number of ways that compliments, concerns or complaints can be raised with us.

For formal complaints, we have four levels of escalation within our service. If the individual's complaint remains unresolved, we are able to ask our Independent Person to undertake a review of the complaint and make final recommendations.

See Appendix Three for a summary of our complaints procedures. The full complaints procedure is also available on our website and printed copies are available on request. Any questions about our complaints procedure are welcome; simply call us on 01444 413 939.

Our concerns and complaints procedure is made available to all children, adults and parents/carers at the start of their involvement with our service, and copies are available in our waiting rooms.

## **12. Children's Guides**

We have available a Children's Guide (for children aged 5 - 11 years old) and a Young People's Guide (for those aged 12 - 18) for our clinical services to children who are adopted or cared for by a special guardian. These guides are provided to all children and young people at the point of referral into our team, and are available on our website and in audio format.

## 13. Parent/Carer Guides

We have available a Parent/Carer Guide for parents/carers of children who are adopted or under a Special Guardianship Order. These are provided at the point of referral and are available on our website.

## 14. Service Evaluation

We have a number of ways to monitor how effective our service is. These include:

- Our leadership team meets regularly to **review feedback, outcomes and complaints**
- We ask children, their parents/carers and adults who come here for therapy to **fill out feedback forms at the end of their intervention**
- We ask children, parents/carers and adults to **fill out questionnaires at the beginning and at the end of their intervention**, to see if the difficulties they have been working on have improved.
- We invite children to participation events to **share ideas and feedback about how we are doing, and what we can do better**
- All our staff have **regular supervision and management**
- We have a number of independent experts who help us to **reflect on our service and make improvements** where needed

## 15. Review of Statement of Purpose

This document will be reviewed annually by Dr Shoshanah Lyons, our Clinical Director, and will be developed in response to feedback from individuals who access our services, referring local authorities and our staff.

## 16. Details of registration

We are registered with Ofsted as an Adoption Support Agency, which means we are inspected every three years and evaluated on how safe and effective our service is. Ofsted can be contacted on:

Ofsted  
Piccadilly Gate  
Store Street  
Manchester  
M1 2WD

**Tel:** 0300 123 1231

**Website:** [www.ofsted.gov.uk](http://www.ofsted.gov.uk)

## 17. Our Contact Details of registration

Beacon House can be contacted at the following address:

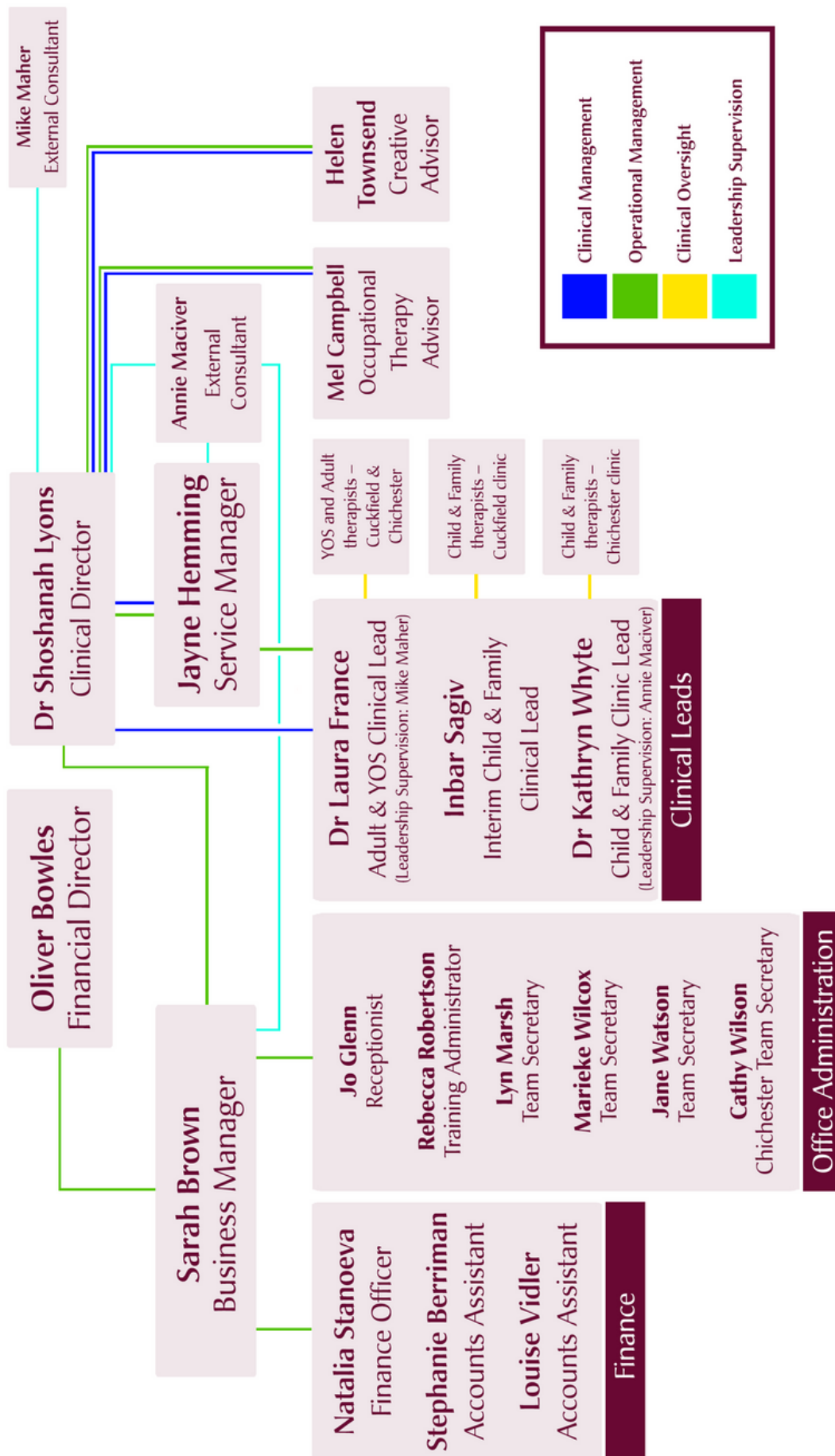
Beacon House  
Ground Floor  
Chapelfields  
Ardingly Road  
Cuckfield  
West Sussex  
RH17 5JR

**Tel:** 01444 413 939

**Website:** [www.beaconhouse.org.uk](http://www.beaconhouse.org.uk)



## Supervision and Management Structure



# Staff and Qualifications

## Our leadership team

### **Dr Shoshanah Lyons | Clinical Director** **Doctorate in Clinical Psychology**



Shoshanah is the Responsible Person for both Beacon House clinics. She is the founder and Clinical Director of Beacon House. As an HCPC registered Clinical Psychologist, Shoshanah has 18 years' experience working with children, families and adults. She is passionate about developing a service that meets the needs of individuals who have experienced trauma, loss and adversity.

Shoshanah is a Designated Safeguarding Lead, and has ultimate responsibility for our safeguarding policy and practice.

### **Jayne Hemming | Service Manager** **BA Hons Degree in Social Administration & Certificate of Qualification in Social Work**



Jayne is the Registered Manager for our Cuckfield clinic. Jayne is a social worker registered with Social Work England. Jayne has 30 years' experience in social care settings as a practitioner and manager. She is passionate about the delivery of child centred services that achieve positive change.

Jayne is also a Designated Safeguarding Lead and has responsibility for making sure our safeguarding policy is put into practice across the service.

### **Dr Kathryn Whyte | Child & Family Clinical Lead** **Doctorate in Clinical Psychology**



Kathryn is the Registered Manager for our Chichester clinic. She is an HCPC registered Clinical Psychologist with 22 years' experience working in clinical services with children and adults. She has a passion for working with children who are adopted, their families and networks, through therapeutic work and training.

Kathryn is a Designated Safeguarding Lead.



# Staff and Qualifications

## Our leadership team

### **Dr Laura France | Adult and YOS Clinical Lead**

#### **Doctorate in Clinical Psychology**



Laura is an HCPC registered Clinical Psychologist, and is our Adult Services Lead for Cuckfield and Chichester. She also leads our specialist collaborations with West Sussex County Council Youth Offending Services. Laura has over 13 years' experience working clinically with adults and adolescents. Laura's main areas of interest and expertise are early years' adversity, complex trauma and dissociation. She specialises in working with individuals who may pose a risk of harm to themselves or others, and is trained to offer consultation to the professional networks around complex cases.

Laura is a Designated Safeguarding Lead.

### **Sarah Brown | Business Manager**



Sarah has joined Beacon House after almost 15 years' working in Education in West Sussex. Sarah is proud to be working at Beacon House in her role as Business Manager, encompassing a broad scope of business functions across both the Cuckfield and Oving clinics. Sarah's experience of business leadership ensures that she brings a sharp focus to enhancing the experience of clients coming to Beacon House.

Whilst working in demanding and challenging customer facing roles within Sussex Police and British Airways, Sarah recognised the importance of critical thinking, active listening and empathy skills which she brings into all her interactions with Beacon House clients, parents/carers and colleagues.

Sarah's experiences of primary and secondary education have nurtured a passion for improving outcomes for children and young people together with a strong commitment to safeguarding and child protection. With this in mind, providing a warm, welcoming and safe space across both clinics is a priority for Sarah.



## Staff and Qualifications

### Our clinical team

Our therapists have extensive experience working with children or adults with complex needs. All therapists have completed specialist post-qualification training which adds to their skill set. Each referral is very carefully matched to the most appropriate therapist, based on qualifications, skills, experience and client preferences.

Mel Campbell  
 Candia Slaughter  
 Vanessa Southgate

**Diploma in Occupational Therapy and additional training in Sensory Attachment Intervention**

Megan Greenway  
 Jo Charlton

**MSc in Educational Psychology**

Alison Murfett  
 Kim Reid

**Doctorate in Counselling Psychology**

Roy Fears  
 Lisa Douglas  
 Louise Best  
 Lucy Joy

**Masters in Drama and Movement Therapy**

Jonathan Goldsmith  
 Lucinda Weis

**Post graduate diploma in dramatherapy**

Adam Mellor

**Masters in Art Psychotherapy**

# Staff and Qualifications

## Our clinical team

Jon Chatfield Adele Greaves Daniel Donkor Laara Jupp Felicity Williams	<b>Doctorate in Clinical Psychology</b>
Hamish Hill	<b>MA in Clinical Psychology Clinical Psychology Registrar Programme</b>
Kate Pelissier Louise Phelan	<b>Masters in Systemic Family Therapy</b>
Terri Fresko	<b>Masters in dance movement therapy Post graduate diploma in Family Therapy</b>
Inbar Sagiv	<b>Masters in integrative psychotherapy</b>
Sarah Marx	<b>Advanced Diploma in the Therapeutic Application of the Arts</b>
Sophie Aplin Abby Fenton	<b>Doctorate in Forensic Psychology</b>
Jane Hollobone Helen Townsend	<b>Post graduate diploma in Therapeutic Life Story Work</b>

## Appendix 3: How to make a formal complaint – flow chart

