

£180
TEAM LICENSES
AVAILABLE

THE POWER OF THE SENSES

RE-BUILDING SENSORY SYSTEMS AND SUPPORTING REGULATION
IN CHILDREN IMPACTED BY EARLY TRAUMA (6 HOURS)



The sensory systems are a complex array of sensors and pathways throughout the whole body that enable us to understand the world around us, and what is happening inside our bodies. Children's sensory systems are impacted when they survive extreme loss, trauma or attachment disruption. They can become 'stuck' over-experiencing or under-experiencing their senses. This affects how they move, play, communicate... in fact all aspects of their everyday lives.

This creative online training will introduce you to the eight sensory systems; giving an overview of what they are, how they develop, and what happens when there is early disruption. It will explore what happens in the sensory systems when children are responding to their environment from the survival (fight, flight, freeze or collapse) part of their brain. Participants will be offered a range of hands on ideas and practical tools to support children at home, in the classroom and in other settings. This is a real 'how to' training which will help any adult supporting a child with sensory disruption to regulate and settle their brain and body.



Buy online for £180 at www.beaconhouse.org.uk/training

WHAT'S INCLUDED:

- A **three-part workshop** to watch at your own pace
- A tool-box of practical everyday sensory strategies to **support regulation**
- Experiential activities to help **develop your learning** of the senses
- Examples from adults and children with **lived experience**
- **New resources** available only with this training

LEARNING AIMS - PARTICIPANTS WILL:

- Gain a **good understanding** of the eight senses
- Be able to **identify and understand the impact** that early childhood experiences on the senses and their development
- **Learn how survival modes** (fight/flight/freeze/collapse) can **impact the senses and the child's ability** to perform everyday skills such as getting dressed, riding a bike, being in the classroom
- **Develop a tool-box** of practical everyday strategies to help **support movement and sensory regulation** both at home and at school

WHO IS THIS TRAINING FOR?

This training is for all parents/carers, teaching staff, therapists, social workers and all other professionals who are supporting children and young people who have experienced trauma, loss and adversity.

TRAINING FEES

This training package is available for individual participants at a fee of £180. Team licences are also available as follows:

	SIZE OF TEAM	FEE
Single Participant	Not applicable	£180
Team License	Up to 6	£960 (£160 per person)
	Up to 12	£1800 (£150 per person)
	Up to 18	£2520 (£140 per person)
	Up to 24	£3120 (£130 per person)
	Up to 30	£3600 (£120 per person)

ABOUT THE TRAINERS

Mel Campbell is a Specialist Paediatric Occupational Therapist at Beacon House. She combines her interests of the body and mind, with her knowledge of the sensory systems to help children with developmental trauma feel safe in their bodies. Through the lens of sensory, attachment and regulation, Mel supports children and their families to come together through play and fun. She is passionate about developing accessible regulatory strategies which can be embedded into everyday life.



Candia Slaughter is also a Specialist Paediatric Occupational Therapist at Beacon House. Throughout her career in the charitable sector and at Beacon House, Candia has always had a passion for trauma-informed interventions. She recognises the importance of understanding developmental trauma and its huge impact on everyday life. She enjoys working with families through sensory intervention, play, movement and connection.



Helen Townsend is the artist and Creative Advisor here at Beacon House. She collaborates closely with Mel and Candia to bring together their specialist content into a creative, beautiful, resourceful online training experience. As an adoptive parent herself, Helen is inspired by her experience living with trauma and loss in how she portrays the learning through her artwork.



RECOMMENDED PRIOR LEARNING

Those attending this training would benefit from reading two Beacon House articles, available for free on our website (www.beaconhouse.org.uk) or on request from training@beaconhouse.org.uk.

- Developmental Trauma Close Up
- Sensory Processing, Co-ordination and Attachment

CERTIFICATES

Upon completion of our training feedback questionnaire, you will be provided with an individualised certificate.

HOW TO BOOK

For individual places, please visit our website on www.beaconhouse.org.uk/training where you can book your place online (invoices may be requested by contacting us on training@beaconhouse.org.uk). For team licences, please contact us on training@beaconhouse.org.uk. We will issue an invoice or take payment over the telephone, and upon receipt of payment your training package will be released.

COPYRIGHT

We work very hard to keep our training and resources free or as low cost as possible. We ask that for single participants, you respect this by keeping the training package for your sole use **only**. For team licences, the training is to be used by the paying team only and must not be sub-licensed or used outside of the team. Sharing the training package to those who have not purchased a place is **not permitted** under any circumstances.

PAYMENT FOR THIS COURSE IS MADE UNDER THE FOLLOWING TERMS & CONDITIONS:

Due to our training package being available upon payment, online courses are non-refundable. Our online training must not be reproduced or shared with another party without prior permission from Beacon House Therapeutic Services & Trauma Team.