



## DEVELOPMENTAL TRAUMA IN CHILDREN & FAMILIES

### 12-HOUR ONLINE TRAINING PACKAGE FOR PROFESSIONALS

Babies and children who survive multiple experiences of attachment disruption, trauma and separation face profound and complex difficulties, which are often described as 'depression', 'anxiety', 'behavioural problems' or 'defiance'. As professionals trying to support traumatised children within school or within therapy, we often feel paralysed, de-skilled and hopeless when our usual approach is not effective.

Inspired by the findings of cutting edge trauma research and our clinical experience here at Beacon House, this online training offers participants an opportunity to re-frame the behaviour of troubled children so that we can understand their needs through the lens of Developmental Trauma. Developmental Trauma is a set of complex difficulties affecting a child's sensory systems, dissociative responses, attachment, capacity for regulation, identity and cognitive abilities. By understanding how to identify Developmental Trauma, how to develop a trauma-informed support plan and how to engage dysregulated children, participants will experience a renewed sense of hopefulness and efficacy in creating change for traumatised families.

#### What's included

FOUR PART  
WORKSHOP DELIVERED  
BY DR SHOSHANAH LYONS,  
CLINICAL DIRECTOR

Designed for you to watch  
in your own time and at  
your own  
pace

EXPERIENTIAL  
ACTIVITIES

Activities designed to  
scaffold and enhance  
your learning

DEVELOPMENTAL  
TRAUMA  
RESOURCE PACK

New and exclusive only to  
the participants of  
this workshop

Buy online at [www.beaconhouse.org.uk/training](http://www.beaconhouse.org.uk/training)



## THOSE WHO PARTICIPATE WILL:

- Gain **confidence** in your ability to **identify and understand** how repeated trauma affects children and adolescents
- **Understand** the breadth and complexity of Developmental Trauma and associated difficulties
- **Develop your empathic understanding** through ideas for experiential learning
- **Understand** the principles of a trauma-informed approach to **supporting** traumatised children and adolescents
- Learn a range of practical strategies to help **regulate distressed children.**
- **Receive** a resource package **exclusive to online learners**

## WHO IS THIS TRAINING FOR?

This training is designed for any professional working with children and adolescents who have been exposed to trauma, adversity and loss. Professionals working in education, mental health, social care and the youth justice system will find it particularly relevant.

## TRAINING FEES

This training package is available for individual participants. A team licence is also available, please contact our Training Administrator, Rebecca Robertson, on [training@beaconhouse.org.uk](mailto:training@beaconhouse.org.uk) or 01444 413 939 for more details.

	SIZE OF TEAM	FEE
<b>Single Participant</b>	Not applicable	£180
<b>Team License</b>	Up to 6	£500 (£83.33 per person)
	Up to 12	£750 (£62.50 per person)
	Up to 18	£1000 (£55.56 per person)
	Up to 24	£1200 (£52.08 per person)
	Up to 30	£1500 (£50 per person)

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### PAYMENT FOR THIS COURSE IS MADE UNDER THE FOLLOWING TERMS & CONDITIONS:

Due to our training package being available upon payment, online courses are non-refundable. Our online training must not be reproduced or shared with another party without prior permission from Beacon House Therapeutic Services & Trauma Team.

# TESTIMONIALS

*"Inspiring and practical training that I can use straight away. Essential training for anyone working with children and families." Social Worker*

*"Brilliantly paced and so well-balanced between theory and practice. I highly recommend it to anyone working with children." Counsellor*

*"What you have put together is truly awe inspiring and life changing! The positive way this will impact how I support young people personally and in my work with traumatised children is changing dramatically with hopefully more positive outcomes for all." Teacher*



## ABOUT THE TRAINER

Dr Shoshanah Lyons is the clinical director and founder of Beacon House. As a clinical psychologist she feels huge passion for understanding mental health and relationships through a developmental trauma lens. She is a promoter and advocate for trauma-informed health, education, social care and criminal justice.

## CERTIFICATES

Upon completion of our training feedback questionnaire, you will be provided with an individualised certificate.

## HOW TO BOOK

For individual places, please visit our website on [www.beaconhouse.org.uk/training](http://www.beaconhouse.org.uk/training) where you can book your place online (invoices may be requested by contacting us on [training@beaconhouse.org.uk](mailto:training@beaconhouse.org.uk)) For team licences, please contact us on [training@beaconhouse.org.uk](mailto:training@beaconhouse.org.uk). We will issue an invoice or take payment over the telephone, and upon receipt of payment your training package will be released.

## COPYRIGHT

We work very hard to keep our training and resources free or as low cost as possible. We ask that for single participants, you respect this by keeping the training package for your sole use only. For team licences, the training it to be used by the paying team only and must not be sub-licensed or used outside of the team. Sharing the training package to those who have not purchased a place is not permitted under any circumstances.

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