



Testimonials from parents and carers who have been supported by Beacon House and funded by the ASF

Beacon House has a high level of expertise and understanding, both for the children and parents; there is an atmosphere of calm safety and responsibility to the children.

What you've done has transformed our family. Honestly I don't think we would be together now without you.

A safe place to express things to people who get it

Beacon House gave us the best assessment report we have EVER received about our son. Huge level of understanding from the very beginning. We have accessed 3 different therapists on our journey to understand, repair, reframe and move forwards. The next stage we are at is the Therapeutic Life Story work.

Caring, non-judgemental attitude. It felt that our therapist, Helen, was on all of our sides.

Beacon House is an amazing place. I dread to think where we would be without the ASF funded work, it is invaluable and absolutely essential. The team we work with are so dedicated and caring and we know they really do want to support us and help to bring about lasting change. My child loves coming to Beacon House. Every time when I am ready to give up they are so supportive, encouraging and caring and help me to keep going. Beacon House is a light in a very long and dark tunnel.
Thank you.

Beacon House is supportive, inclusive and positive approach. There is also good communication.

The advice given is always practical, sensible and considered.

Beacon House have been fantastic throughout. They have been supportive, caring and assisted us and our children in taking positive steps for the future. An absolutely fantastic service and one we couldn't do without.

I could talk to someone without being judged for my issues. They actually listened to me with what I was talking about.

We are so grateful for Beacon House and how we have been supported. The therapists have been a lifeline for our son and for us as parents. We can't recommend you enough to our friends.

Felt fully supported, lots of information that was helpful in dealing with all our needs.

Our therapist, Kate, is very honest and kind. She is able to help us understand our strengths and identify how to support each other by trying to understand everyone's position.

I truly believe the service you provided both at family and individual level kept our family feeling strong and also enabled all of us to have a better understanding and appreciation of each other.

The service has been highly personalised, expert, well considered and delivered with care. Could not have survived as a family without it.

I cannot think of anything that would make the service better. The support we receive as a family is amazing and a lifeline, without which I do not think we would still be standing or still be together.

Jonathan was very engaging with both of us and N. The therapy was consistent and a relationship has been built up over time.

Amazing help with relationships / attachment for our daughter

If we had not had ASF funding we would not have had the resources to finance the support we have had. The level of support we have received has given us the chance to make a real difference to the lives of our children. The needs of adopted children are complex and having intervention for them but for us as parents as well has been the key to our success as a family. Without access to these services life would be very different for many adoptive families.

I never thought that talking to a stranger about my private life could help until we met Kate, our family therapist.

Beacon House is an incredible place, I cannot think of any way you could improve it. I don't know what we would do without the ASF

I actually don't think my husband and I would have been able to continue to co parent if we hadn't accessed the therapeutic parenting sessions with Jo. It's been a real life line. My son is so happy to come to Beacon House and really enjoys being there. I can see the benefits of the work he is doing with the drama therapist.

We are so grateful to Beacon House which has helped our family to be much closer now we understand what our child has experienced, and still struggles with. We have quite a way to go but feel our home is more stable and a lot less stressful than it was. Thank you so much.

As parents the support you have given us to pick ourselves up and keep going has been huge. Even when we have got it wrong you have encouraged and been our cheer leaders ... so few people really understand what adoption looks like and being with folk who do and champion us as parents is massive and has kept us in the race. thank you

You seem to be a safe place for us to discuss the daily issues we face to someone who understands.

We have found Beacon House to be an extremely supportive, helpful, empathetic and encouraging place that has helped us holistically as a whole family. Everyone is very warm and it is obvious how much expert knowledge the staff have. Thank you for everything you do to support adoptive families, ASF funding is greatly needed and extremely valuable - we could not have afforded the therapy otherwise.

Amazing staff, and so knowledgeable - i felt very supported - identified and supported that my daughter had complex needs which have now been diagnosed

Beacon house has literally saved our family.

Beacon House literally saved my family from falling apart. Thank goodness we can access a provider who understands Developmental Trauma and to treat it on a deep and meaningful level alongside really caring passionately about what they do.

Friendly people and staff, look forward to my sessions, comfortable room, warm environment.

Without BH we would have experienced total family breakdown and our child would be back in care. Things still pretty tricky at times but we are now equipped with tools to deal better with life, maintain a relative sense of calm at home which makes day to day family life better and will help our son come to terms with his past and give him a better future.

We have been lucky enough to have had the support of Beacon House right from the beginning of our parenting journey. We have been supported through getting to know our angry and sad little boy. He is currently on a rocky but definitely upwards path towards hopefully becoming a happy and functioning person because of how we were enabled to parent him therapeutically by the grounding that was given to us by beacon house.

The daily difficulties experienced in our family were not sustainable. There was a real chance of our adoptive placement breaking down, due to challenging circumstances and a general lack of support and understanding from the local authority. As soon as we spoke to a Psychologist at Beacon House we immediately felt listened to by a professional who understood our challenges. It has given us the chance to become the family we wanted when we adopted the children. We owe them so much, Thank you all.

Therapy has helped and my son has enjoyed it

We feel due to the very specific nature of sensory processing issues in trauma affected children, it is really difficult to access the support without knowing how to navigate the correct agencies to get that support. Going to Beacon House is like a light being turned on and everything suddenly making sense

We appreciated the support we received and found everyone very welcoming.

This has made a significant difference to my and my son's life. Moving past a feeling of desperation to some hope although there is still much to do. The joint working with other professionals was appreciated.

A great service, hard to access and pay for. Should be more widely available.

Our Beacon House therapist has proved to be extremely diligent and understanding of our concerns and encouragingly reactive to each aspect that arises.

Without our sessions at Beacon House our family would be in deep crisis, in fact I am not sure we would still be a family. It has been lifesaving and the prospect that it might all stop in 2020 when our son is only just starting to engage and has so many needs is, quite frankly, terrifying.

I think Beacon House is an amazing dedicated resource to the generally unrecognised difficulties of parenting an adopted child.

Very professional and kind.

Family therapy has helped us understand a different way to parent and to understand concepts like blocked care.

Our experience with Beacon House has been amazing. Everyone we have dealt with has been so professional and thoughtful. I feel so fortunate that we have been able to access your services.

This has been a life line for us as a family. The support and understanding has been superb.

The family was at breaking point; screaming down the phone to social services for help and begging for child to be taken back into care! Couldn't get much worse. Our clinical psychologist took time to get to know child and gain her trust. Taught her strategies but more importantly showed she understood child. Helped her understand "voices in head" and flight feelings. Taught us parents about brain development and trauma. Helped us understand emotional reactions and how to deal with it.

The sensory work was invaluable and made a lot of difference. The sensory work is a magic wand and now son is regulating himself and achieving well in school after being excluded for 3 years.

Beacon House seems to know more about and willing to help with the effects of Chronic Trauma on children than any other service I have come across. I wish I had accessed it when my son was much younger he may well have helped us both even more.

Without ASF and Beacon House I truly believe it would have resulted in marital breakdown and an even more anxious, unregulated, controlling child. We have been blessed to have found Beacon House and their wealth of support.

Working directly with Beacon House through the ASF has enabled us to jump the queues of the enormously pressured CAMHS system and has given us the professional help we needed when we were in family crisis in a calm and convenient environment. We have been able to build up trust with therapists and seen results through this service. We are extremely grateful for the funding we have received and would be fearful of the impact on our family if it was discontinued.

I understand my child so much better, I was struggling and felt totally out of my depth, my child has really benefited from this and we've definitely seen improvements in their development, it has definitely have built better trust and ability to regulate and verbalise in my child.

Everyone at Beacon House has been kind, empathetic and helpful, and we have seen definite benefits and progress.

A very impressive service with very knowledgeable staff. Lots of add on services, training, resources etc

I can't imagine how you could improve

I don't think we could have asked for a better choice of therapists. There is really nothing we feel we are missing.

You were very flexible, adjusting to phone calls when it became difficult to get our child in.
Or visits to the school for our other child.

I don't think you can improve on such a great service. Only wish we had been referred sooner.

We have been so pleased with the service and support from Beacon House.

