



The Studio,
Beacon House,
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Chapelfields
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West Sussex, RH17 5JR

INTRODUCTION TO DEVELOPMENTAL TRAUMA IN CHILDREN & FAMILIES FOR PROFESSIONALS

- A TOOLKIT FOR RELATIONAL REPAIR -

FRIDAY 24TH APRIL 2020 | 10AM - 4PM | £120

Babies and children who survive multiple experiences of attachment disruption, trauma and separation very often face profound and complex difficulties, which are described by traditional medical and mental health paradigms as 'depression', 'anxiety', 'behavioural problems' or 'defiance'. As therapists trying to support these children, we often feel paralysed and hopeless when our attempts to use traditional talking therapies or medication fail.

Inspired by the findings of cutting edge trauma research - this one day training course offers delegates an opportunity to re-frame the mental health needs of troubled children so that we can understand their presentation through the lens of Developmental Trauma. Developmental Trauma is a set of complex difficulties affecting a child's sensory systems, attachment, capacity for regulation, identity and cognitive abilities. By understanding how to assess and identify Developmental Trauma, and develop a trauma-informed therapeutic plan, therapists will experience a renewed sense of hopefulness and efficacy in creating change for traumatised families.

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PAYMENT FOR THIS COURSE IS MADE UNDER THE FOLLOWING TERMS & CONDITIONS:

Courses are refundable up to 30 days prior to the date of the course. Any cancellation with less than 30 days notice are NON-REFUNDABLE. You may send a substitute delegate providing s/he meets the course criteria. We reserve the right to cancel the course date, in this case we will notify you by email as early as possible, and advise you of an alternative date or provide you with a full refund. In the event of a course cancellation under 7 days' notice, a new course date or refund will be organised for you. Under no circumstances are Beacon House liable for any travel expenses, childcare, potential loss of income or any associated costs.



DEVELOPMENTAL TRAUMA IN CHILDREN & FAMILIES



ABOUT THE TRAINER

Dr Shoshanah Lyons is the clinical director and founder of Beacon House. As a clinical psychologist she feels huge passion for understanding mental health and relationships through a developmental trauma lens. She is a promoter and advocate for trauma-informed health, education, social care and criminal justice.

THOSE WHO ATTEND WILL:

- Gain confidence in their ability to identify and understand how repeated trauma affects children and adolescents
- Understand the breadth and complexity of Developmental Trauma and associated difficulties
- Have the opportunity to formulate the therapeutic needs of traumatised children

COURSE REQUIREMENTS

Attendees must work with children and families in a therapeutic, educational or social care setting. Please email media@beaconhouse.org.uk if you would like to attend this workshop and are unsure if you meet the criteria.

IMPORTANT INFORMATION

Refreshments and lunch are provided, please notify us of any allergies. Please be aware that we are not able to offer clinical advice about individual children during this training workshop.